

SUGGESTED USAGE: Take one capsule per day, or as directed by your health care practitioner.

NOTICE: Color, size or shape may appear different between lots.

Does not contain gluten.

Quatrefolic® is covered by U.S. Patent No. 7,947,662 and is a registered trademark of Gnosis S.p.A



STORE AT ROOM TEMPERATURE.
KEEP OUT OF REACH OF CHILDREN.

Item# BSP120-PL-5



PUF1078

Live life pure.™

**PURE
FORMULAS™**

B-Renew



NON-GMO

**120 VEGETARIAN CAPSULES
DIETARY SUPPLEMENT**

Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Thiamin (Vitamin B-1) (as Thiamin HCl)	100 mg 8333%	Vitamin B-12 (as Methylcobalamin)	250 mcg 1041%
Riboflavin (Vitamin B-2) (as Riboflavin and Riboflavin-5-Phosphate)	50 mg 3846%	Biotin (as d-Biotin)	2000 mcg 6667%
Niacin (Vitamin B-3) (as Niacinamide)	50 mg NE 313%	Pantothenic Acid (as d-Calcium Pantothenate)	100 mg 2000%
Vitamin B-6 (as Pyridoxine HCl and Pyridoxal-5-Phosphate)	50 mg 2941%	Trimethylglycine (TMG)	200 mg *
Folate (as NatureFolate® Blend - organic spinach powder, calcium folinate, Quatrefolic® [6S]-5-methyltetrahydrofolate - glucosamine salt)	340 mcg DFE 85%	Choline Dihydrogen Citrate	100 mg *

*Daily Value not established.

Other Ingredients: Cellulose (capsule), silicon dioxide, vegetable stearate.



Manufactured for:
PureFormulas
11800 NW 102nd Road, Suite 2
Miami, FL 33178
www.pureformulas.com