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SHAKE WELL
SEALED FOR YOUR PROTECTION

INTENSE
VANILLA
NATURALLY &
ARTIFICIALLY FLAVORED

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SEALED FOR YOUR PROTECTION

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INTENSE VANILLA
NATURALLY & ARTIFICIALLY FLAVORED

PRO SERIES

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BE STRONG. RECOVER FASTER.
FUEL UP. SUCCEED.

- 40g of protein derived from milk to:
 - Build lean muscles
 - Recover after exercise
- Excellent source of:
 - Calcium and Phosphorus for strong bones
 - 20 vitamins and minerals
- 5g fiber
- Suitable for most individuals sensitive to lactose

MUSCLE
MILK[®] BRAND

40G
PROTEIN

NON DAIRY
PROTEIN SHAKE

POWERFUL PROTEIN

200
CALORIES

1G
SUGAR

CONTAINS NO MILK / INCLUDES MILK PROTEINS

REFRIGERATE AFTER OPENING

Nutrition Facts

Serving Size 14 fl. oz. (414 mL)
Servings Per Container 1

Amount Per Serving	% Daily Value*
Calories 200	Calories from Fat 25
Total Fat 2.5g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 1.5g	
Cholesterol 25mg	8%
Sodium 290mg	12%
Potassium 620mg	18%
Total Carbohydrate 9g	3%
Dietary Fiber 5g	20%
Sugars 1g	
Protein 40g	80%

Vitamin A 25%	• Vitamin C 25%
Calcium 50%	• Iron 30%
Vitamin D 25%	• Vitamin E 25%
Thiamin 25%	• Riboflavin 25%
Niacin 25%	• Vitamin B6 25%
Folate 25%	• Vitamin B12 25%
Biotin 25%	• Pantothenic Acid 25%
Phosphorus 70%	• Iodine 25%
Magnesium 25%	• Zinc 25%
Copper 25%	• Chromium 60%

*Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WATER, MILK PROTEIN ISOLATE, CALCIUM CASEINATE (MILK), SODIUM CASEINATE (MILK), LESS THAN 1% OF: SOLUBLE VEGETABLE FIBER, NATURAL AND ARTIFICIAL FLAVORS, INULIN, CANOLA OIL, CELLULOSE GUM AND GEL, MALTODEXTRIN, SUNFLOWER OIL, DIPOTASSIUM PHOSPHATE, MAGNESIUM PHOSPHATE, SODIUM HEXAMETAPHOSPHATE, POTASSIUM CHLORIDE, SODIUM PHOSPHATE, ACESULFAME POTASSIUM, POTASSIUM CITRATE, ASCORBIC ACID, CARRAGEENAN, FERRIC PYROPHOSPHATE, DICALCIUM PHOSPHATE, SUCRALOSE, DL-ALPHA TOCOPHERYL ACETATE, D-CALCIUM PANTOTHENATE, NIACINAMIDE, ZINC OXIDE, COPPER GLUCONATE, VITAMIN A PALMITATE, PYRIDOXINE HYDROCHLORIDE, THIAMINE MONONITRATE, RIBOFLAVIN, CHROMIUM CHLORIDE, FOLIC ACID, BIOTIN, POTASSIUM IODIDE, CHOLECALCIFEROL, CYANOCOBALAMIN.

PRODUCED FOR
CYTOSPORT, INC.
WALNUT CREEK, CA 94597
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CONSUMER INFORMATION
CALL 1-888-298-6629
MUSCLEMILK.COM

GLUTEN FREE



56328 S1099116-05

CA CRV, HI, ME, 5¢ deposit, OR 10¢

14 FL OZ (414 mL)

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.