

PRODUCT INFORMATION:

One tablet typically provides:

		%NRV*
Vitamin E (75iu)	50mg α-TE	417
Vitamin C	100mg	125
Riboflavin (vitamin B2)	5mg	357
Zinc	4mg	40
Manganese	1.3mg	65
Selenium	50µg	91
Beta carotene	2.3mg	
Reduced glutathione	20mg	
Alpha lipoic acid	10mg	
L-Cysteine 1	0mg	
Co-enzyme Q10	5mg	
Bilberry fruit extract 4:1	2.5mg	
- Equivalent to bilberry fruit 10mg		
Chicory root	10mg	

*NRV = Nutrient Reference Value

INGREDIENTS: Natural lithothamnion calcarea, vitamin C, anti-caking agent: microcrystalline cellulose; vitamin E, beta carotene (antioxidants: vitamin C, vitamin E; anti-caking agent: silicon dioxide); reduced glutathione, zinc citrate, alpha lipoic acid, bilberry fruit extract 4:1, chicory root powder, l-selenomethionine (anti-caking agent: microcrystalline cellulose); l-cysteine HCl, anti-caking agent: magnesium stearate; manganese citrate, vitamin B2, co-enzyme Q10, zein protein coating, anti-caking agent: silicon dioxide.

FREE FROM: Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, soya, wheat. This product has not been tested on animals.

HIGHER NATURE®
EVERYDAY ESSENTIALS

SUPER ANTIOXIDANT PROTECTION

Vitamins B2, C & E

180 tablets
vegetarian and vegan



**SUPER ANTIOXIDANT PROTECTION
FOOD SUPPLEMENT - 180 TABLETS**

✓ Vitamins B2, C and E, zinc, selenium and manganese help to protect cells from oxidative damage

DIRECTIONS: Take 1-3 tablets a day, with meals. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

WARNING: B vitamins may turn urine bright yellow - this is normal.

STORAGE: Store in a cool, dry place out of reach of children.



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QSA180 114
QSA-271-07