

ILLA
ME
ALLY &
FLAVORED

SHAKE WELL
SEALED FOR YOUR PROTECTION

VANILLA
CRÈME
NATURALLY &
ARTIFICIALLY FLAVORED

SHAKE WELL
SEALED FOR YOUR PROTECTION

VAN
CRÈ
NATUR
ARTIFICIALLY



VANILLA CRÈME
NATURALLY & ARTIFICIALLY FLAVORED

GENUINE

GENUINE

GENUINE



WORK OUT. RECOVER.
MOVE FORWARD. MOVE FAST.

- 25g of protein derived from milk to:
 - Build lean muscles
 - Recover after exercise
- Excellent source of:
 - Vitamins A and C
 - Vitamin D, Calcium, Magnesium and Phosphorus for strong bones
- 5g fiber
- Suitable for most individuals sensitive to lactose

MUSCLE
MILK[®] BRAND

25_G
PROTEIN

NON DAIRY
PROTEIN SHAKE

EVERYDAY PERFORMANCE

160
CALORIES

0_G
SUGAR

CONTAINS NO MILK / INCLUDES MILK PROTEINS

REFRIGERATE AFTER OPENING

Nutrition Facts

Serving Size 14 fl. oz. (414 mL)
Servings Per Container 1

Amount Per Serving

Calories 160 Calories from Fat 45

% Daily Value*

Total Fat 5g 8%

Saturated Fat 0.5g 3%

Trans Fat 0g

Polyunsaturated Fat 0.5g

Monounsaturated Fat 2.5g

Cholesterol 15mg 5%

Sodium 250mg 10%

Potassium 770mg 22%

Total Carbohydrate 7g 2%

Dietary Fiber 5g 20%

Sugars 0g

Protein 25g 50%

Vitamin A 35% • Vitamin C 35%

Calcium 35% • Iron 0%

Vitamin D 35% • Phosphorus 50%

Magnesium 35% •

*Percent Daily Values are based on a 2,000 calorie diet.

Your daily values may be higher or lower depending

on your calorie needs:

Calories 2,000 2,500

Total Fat Less than 65g 80g

Saturated Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Potassium 3,500mg 3,500mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Protein 50g 65g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WATER, MILK PROTEIN ISOLATE, CALCIUM CASEINATE (MILK), SODIUM CASEINATE (MILK), SOLUBLE VEGETABLE FIBER, LESS THAN 1% OF: NATURAL AND ARTIFICIAL FLAVORS, CANOLA OIL, SUNFLOWER OIL, MAGNESIUM PHOSPHATE, DIPOTASSIUM PHOSPHATE, CELLULOSE GUM AND GEL, MALTODEXTRIN, MEDIUM CHAIN TRIGLYCERIDES, POTASSIUM CHLORIDE, SODIUM HEXAMETAPHOSPHATE, CARRAGEENAN, ACESULFAME POTASSIUM, POTASSIUM CITRATE, ASCORBIC ACID (VITAMIN C), SODIUM PHOSPHATE, SUCRALOSE, VITAMIN A PALMITATE, VITAMIN D3.

PRODUCED FOR
CYTOSPORT, INC.
WALNUT CREEK, CA 94597
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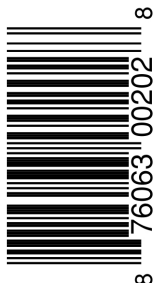
CONSUMER INFORMATION
CALL 1-888-298-6629
OR VISIT
MUSCLEMILK.COM

GLUTEN FREE



RECYCLE

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CA CRV, HI, ME, 5¢ deposit, OR 10¢

14 FL OZ (414 mL)

NOTICE: Use this product as
a food supplement only. Do
not use for weight reduction.