

Ester-C® THE BETTER VITAMIN C®



THE ESTER-C® DIFFERENCE:

24-HOUR IMMUNE SUPPORT*

ABSORBS INTO YOUR
SYSTEM AND STAYS THERE

ONCE DAILY

PATENTED VITAMIN C
FORMULA

Ester-C® Effervescent Vitamin C packets offer 24-hour immune support in a delicious, natural orange flavored formula.* Just take one packet daily with 4-6 fl. oz. of water and you are good to go!

Patented Ester-C® increases levels of Vitamin C in the body—getting into white blood cells, an important part of your immune system.* And, because Ester-C® absorbs into your system and stays there...you get 24-hour immune support and potent antioxidant activity in a once daily 1,000 mg dose.*

SUGGESTED USE: For adults, pour packet into 4-6 fl. oz. of water once daily. Stir or Shake.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Artificial Flavor, Artificial Sweetener and Preservatives.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if packet is torn or damaged.

Ester-C®, Ester-C® and The Better Vitamin C® are licensed trademarks of The Ester C Company. U.S. Pat. Nos. 6,197,813 and 6,878,744.

Solgar's KOF-K certification #K-1250

Carefully Manufactured for:
Solgar, Inc., 500 Willow Tree Road
Leonia, NJ 07605 U.S.A.
SOLGB52603 00A

For more information, call toll-free
1-877-SOLGAR 4, www.solgar.com
© 2013 Solgar, Inc.
Product No. 52603



1000 mg
PLUS ELECTROLYTES

24-Hour Immune Support*
Patented Vitamin C Formula
B Vitamins to Support Energy Metabolism*

No Artificial Sweeteners • Gluten, Wheat & Dairy Free
Suitable for Vegetarians

DIETARY SUPPLEMENT

21 - 10 g (0.35 oz.) Packets Net Wt. 210 g (7.40 oz.)

Natural Orange Flavor Packets

Ester-C®

EFFERVESCENT

1000 mg
PLUS ELECTROLYTES

24-Hour Immune Support*

Patented Vitamin C Formula

B Vitamins to Support Energy
Metabolism*

No Artificial Sweeteners • Gluten, Wheat & Dairy Free
Suitable for Vegetarians

DIETARY SUPPLEMENT

21 - 10 g (0.35 oz.) Packets Net Wt. 210 g (7.40 oz.)

Supplement Facts

Serving Size: 1 Packet (10 g)
Servings Per Container: 21

Amount Per Serving	%DV
Calories	25
Total Carbohydrate	7 g 2%**
Sugars	5 g ***
Vitamin A (as beta-carotene)	800 IU 16%
Vitamin C (as Ester-C® calcium ascorbate)	1,026 mg (1 g) 1,710%
Thiamin (vitamin B-1) (as thiamin hydrochloride)	0.38 mg 25%
Riboflavin (vitamin B-2)	0.43 mg 25%
Niacin (as niacinamide)	5 mg 25%
Vitamin B-6 (as pyridoxine hydrochloride)	10 mg 500%
Folic Acid	12.5 mcg 3%
Vitamin B-12 (as cyanocobalamin)	25 mcg 417%
Pantothenic Acid (as d-calcium pantothenate)	2.5 mg 25%
Calcium (as Ester-C® calcium ascorbate, calcium carbonate, dicalcium phosphate and d-calcium pantothenate)	150 mg 15%
Phosphorus (as magnesium phosphate and potassium phosphate)	100 mg 10%
Magnesium (as magnesium phosphate)	60 mg 15%
Zinc (as zinc ascorbate)	2 mg 13%
Manganese (as manganese gluconate)	0.5 mg 25%
Chromium (as chromium chloride)	5 mcg 4%
Sodium (as sodium bicarbonate)	40 mg 2%
Potassium (as potassium carbonate, potassium bicarbonate and potassium phosphate)	400 mg 11%

Antioxidant Health Proprietary Blend 58 mg ***
Stevia Extract (*Stevia rebaudiana*) (leaf), Quercetin, Alpha Lipoic Acid, Glycine, L-Aspartic Acid, N-Acetyl Cysteine

**Percent Daily Values (DV) are based on a 2,000 calorie diet
***Daily Value (DV) not established

Other Ingredients: Cane Sugar, Citric Acid, Natural Orange Flavor, Silica.