

CHOCOLATE
NATURALLY &
ARTIFICIALLY FLAVORED

SHAKE WELL
SEALED FOR YOUR PROTECTION

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GENUINE

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WORK OUT. RECOVER.
MOVE FORWARD. MOVE FAST.

- 25g of protein derived from milk to:
 - Build lean muscles
 - Recover after exercise
- Excellent source of:
 - Vitamins A and C
 - Vitamin D, Calcium, Magnesium and Phosphorus for strong bones
- 5g fiber
- Suitable for most individuals sensitive to lactose

MUSCLE
MILK[®] BRAND

25G
PROTEIN

NON DAIRY
PROTEIN SHAKE

EVERYDAY PERFORMANCE

160
CALORIES

0G
SUGAR

CONTAINS NO MILK / INCLUDES MILK PROTEINS

REFRIGERATE AFTER OPENING

Nutrition Facts

Serving Size 14 fl. oz. (414 mL)
Servings Per Container 1

Amount Per Serving

Calories 160 **Calories from Fat** 45

% Daily Value*

Total Fat 5g	8%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 2.5g	
Cholesterol 15mg	5%
Sodium 300mg	13%
Potassium 1000mg	29%
Total Carbohydrate 9g	3%
Dietary Fiber 5g	20%
Sugars 0g	
Protein 25g	50%

Vitamin A 35%	Vitamin C 35%
Calcium 35%	Iron 4%
Vitamin D 35%	Phosphorus 50%
Magnesium 35%	

*Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on your calorie needs:

	Calories 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Potassium	3,500mg	3,500mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Protein	50g	65g

Calories per gram:

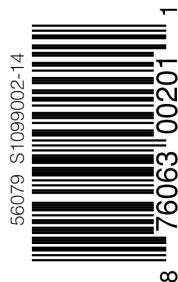
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WATER, MILK PROTEIN ISOLATE, CALCIUM CASEINATE (MILK), SODIUM CASEINATE (MILK), ALKALIZED COCOA POWDER, LESS THAN 1% OF: SOLUBLE VEGETABLE FIBER, NATURAL AND ARTIFICIAL FLAVORS, CANOLA OIL, SUNFLOWER OIL, DIPOTASSIUM PHOSPHATE, MAGNESIUM PHOSPHATE, CELLULOSE GUM AND GEL, MALTODEXTRIN, POTASSIUM CHLORIDE, SODIUM HEXAMETAPHOSPHATE, CARRAGEENAN, ACESULFAME POTASSIUM, POTASSIUM CITRATE, MEDIUM CHAIN TRIGLYCERIDES, SALT, ASCORBIC ACID (VITAMIN C), SODIUM PHOSPHATE, SUCRALOSE, VITAMIN A PALMITATE, VITAMIN D3.

PRODUCED FOR
CYTOSPORT, INC.
WALNUT CREEK, CA 94597
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CONSUMER INFORMATION
CALL 1-888-298-6629
OR VISIT
MUSCLEMILK.COM

GLUTEN FREE



CA CRV, HI, ME, 5¢ deposit, OR 10¢

14 FL OZ (414 mL)

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.