

DIRECTIONS: 1-2 capsules taken at bedtime or as directed by a healthcare professional.

WARNING: For relief of occasional sleeplessness only. Do not exceed the recommended dose. This product is not intended for pregnant or nursing mothers, children under the age of 18, or individuals taking any prescription medication including anti-depressants. Avoid driving or performing other potentially dangerous tasks while taking this formula. If you have questions about the advisability of taking this product, consult a physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF REACH OF CHILDREN.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Nutrifect
Nutrition

SLEEP AID

60 CAPSULES
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Veggie Capsules
Servings Per Container: 30

Amount Per Serving		% DV*
Magnesium (as Magnesium Oxide and Magnesium Citrate)	200 mg	50%
L-Theanine	400 mg	*
Gamma -Aminobutyric Acid (GABA)	100 mg	*
<i>Phellodendron amurense</i> Bark Powder	100 mg	*
Velvet Bean Seed Extract	100 mg	*
5-HTP (Hydroxytryptophan) [from <i>Griffonia simplicifolia</i> Seed Extract]	50 mg	*
Melatonin	2 mg	*

* Daily Value (DV) not established

Other Ingredients: Gelatin (Capsule), Microcrystalline Cellulose, Magnesium Stearate.

Distributed by: Nutrifect Nutrition,
1001 Millersville Rd, Lancaster, PA 17603
(855) 280-8129