### EBOOST 78°

# workout crusher.

**POW**° Pre-Workout



Tropical Punch NATURALLY FLAVORED

#### Supercharge your performance.\*

Caffeine Level: 175 mg

- H Clean energy and focus\*
- Performance support\*
- + Fast-acting effervescent system\*
- + Joint mobility and comfort\*
- + Natural caffeine
- + Gluten-free, allergen-free, soy-free, and non-GMO
- + No artificial flavors, colors, or sweeteners

POW® enhances your mind and muscles.\* Work out hard and recover smoothly with clinically tested ingredients in doses that deliver.\*

#### DIRECTIONS:

5 to 10 minutes before your workout, empty one packet into a glass or bottle. Add 6-8 fluid ounces of cold water and allow mixture to fizz. Mix gently to avoid excess foaming. DO NOT SHAKE. Do not exceed 2 servings daily. Protect from heat, light, and moisture.

"Heads Up: POW® contains beta-alanine, a natural amino acid that may cause a harmless and temporary tingling sensation.

FruiteX-B® (US Patent #5962049) is a registered trademark of VDF FutureCeuticals, Inc. Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and

WARNING: For healthy adults 18 years of age or older. Consult a medical doctor before use especially if you are pregnant, nursing, anticipate surgery, take medication, or are otherwise under medical supervision. Keep out of reach of children

MADE IN THE USA - This product contains ingredients of international CarnoSvn and domestic origin.

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#### Supplement Facts Serving Size: 1 packet (12.1 g)

Amount Per Serving		%D'
Calories	15	
Total Carbohydrates	4 g	1%
Sugars	2g	*
Calcium (as calcium fructoborate)	18 mg	2%
Sodium (as sodium [bi]carbonate)	155 mg	6%
Potassium (as potassium bicarbonate)	390 mg	119
Beta-Alanine (as CarnoSyn®)	1,600 mg	*
N-Acetyl-L-Tyrosine	600 mg	*
Organic Beet Root Juice Powder	500 mg	*
Calcium Fructoborate (as FruiteX-B®)	216 mg	*
L-theanine	200 mg	*
Natural Caffeine (from unroasted coffe	e) 175 mg	*
DMAE (as DMAE Bitartrate)	130 mg	*
Stevia Leaf Extract	130 mg	*
5-HTP (from <i>Griffonia Simplicifolia</i> seed	) 40 mg	*
† Percent Daily Value (DV) is based on a 2,000 calorie die	et.	

Other Ingredients: Citric acid, cane sugar, organic rice syrup solids, natural flavors, silicon dioxide.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease