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Your workout crusher.



POW®
Pre-Workout

Berry Melon Fizz NATURALLY FLAVORED
Net Wt. 8.4 oz (238 g) 20 Servings **DIETARY SUPPLEMENT**

Supplement Facts

Serving Size: 1 Scoop (11.9 g)
Servings Per Container: 20

	Amount Per Serving	%DV
Calories	15	
Total Carbohydrate	4 g	1%†
Sugars	2 g	**
Calcium (as calcium fructoborate)	18 mg	2%
Sodium (as sodium [bi]carbonate)	155 mg	6%
Potassium (as potassium bicarbonate)	390 mg	11%
Beta-Alanine (as CarnoSyn®)	1,600 mg	**
N-Acetyl-L-Tyrosine	600 mg	**
Organic Beet Root Juice Powder	500 mg	**
Calcium Fructoborate (as FruiteX-B®)	216 mg	**
L-theanine	200 mg	**
Natural Caffeine (from unroasted coffee)	175 mg	**
DMAE (as DMAE Bitartrate)	130 mg	**
Stevia Leaf Extract	130 mg	**
5-HTP (from <i>Griffonia simplicifolia</i> seed extract)	40 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **DV not established.

Other Ingredients: Citric acid, cane sugar, organic rice syrup solids, silicon dioxide, natural flavors.

MADE IN THE USA - This product contains ingredients of international and domestic origin.

DISTRIBUTED BY VITALIZELABS, LLC  NEW YORK, NY 10012 CALL US AT 877-432-6678

Supercharge your performance.*

Caffeine Level: 175 mg

- + Clean energy and focus*
 - + Muscle performance support*
 - + Fast-acting effervescent system*
 - + Joint mobility and comfort*
- + Natural caffeine
 - + Gluten-free, allergen-free, soy-free, and non-GMO
 - + No artificial flavors, colors, or sweeteners

POW® enhances your mind and muscles.* Work out and recover smoothly with clinically tested ingredients in doses that deliver.*

Why POW®?



Beet juice helps promote healthy circulation.*



FruiteX-B® is a clinically researched nutraceutical that helps provide joint support in as little as 7 days.*



Beta-alanine supports muscle endurance and muscle strength and delays muscle fatigue.*

DIRECTIONS:

5 to 10 minutes before your workout, empty one scoop into a glass or bottle. Add 6-8 fluid ounces of cold water and allow mixture to fizz. Mix gently to avoid excess foaming. DO NOT SHAKE. Do not exceed 2 servings daily. Protect from heat, light, and moisture.

Heads Up: POW® contains beta-alanine, a natural amino acid that may cause a harmless and temporary tingling sensation.

FruiteX-B® (US Patent #5962049) is a registered trademark of VDF FutureCeuticals, Inc. Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.

WARNING: For healthy adults 18 years of age or older. Consult a medical doctor before use, especially if you are pregnant, nursing, anticipate surgery, take medication, or are otherwise under medical supervision. **Keep out of reach of children.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

