

Culturelle® Health & Wellness

Your health & wellness begins in the core of your body—the digestive tract. Yet diet, daily stress, travel and some medications can occasionally disrupt the balance of good bacteria, which can leave you open to a host of issues.

Only Culturelle® Health & Wellness contains 15 billion live active cultures of *Lactobacillus rhamnosus* GG. It works naturally with your body to:

- Help safely restore the natural balance of good bacteria in your digestive tract, where 70% of the immune system resides*
- Support your natural immune defenses and promote overall health & wellness*
- Keep your digestive system in balance, so it actually works better*



Exclusively Powered by the LGG® Probiotic. The Single-Strain Super Probiotic.

Lactobacillus rhamnosus GG (LGG®) is the most clinically proven effective strain.^{††} It's the only one you need to help support good digestion and immune health.* **You can trust Culturelle®, the expert in probiotics, because it is the only brand with 100% pure LGG®.**

Only Culturelle® Combines:



100% of the #1 proven effective probiotic.^{††}



Guaranteed potency through the expiration date vs. just the time of manufacture.^{***}



#1 Pharmacist Recommended Probiotic Brand.^{†††}



Dairy-free.*
Gluten-free.*
Sugar-free.*

^{††} Based on the studies of *Lactobacillus rhamnosus* GG for a range of benefits throughout the lifespan.

^{***} Guaranteed potency through date on box when stored as directed.

^{†††} Based on the 2017 Pharmacy Times OTC Survey.

◇ Among leading brands.

Culturelle® is a trademark of DSM. LGG® and LGG logo® are trademarks of Chr. Hansen A/S.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

NO COATING
CIBH4489



HEALTH & WELLNESS

Contains none of the following: artificial dyes, preservatives, dairy,* lactose, milk, yeast, wheat, gluten* or soy.

Storage Instructions: Store Culturelle® in a cool, dry place away from direct sunlight.

Tamper Evident: Product is sealed within blisters. Do not use if any part of the blister is torn, open or damaged.

When first taking Culturelle®, you may experience minor bloating, gas or intestinal gurgling which should subside with continued use. Consult your physician if symptoms persist after two weeks.

For questions, concerns or to report an adverse event, please call (800) 722-3476. www.Culturelle.com



We certify that our products meet the highest standards of purity and potency.^{***}



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EXCLUSIVELY WITH THE #1 PROVEN EFFECTIVE PROBIOTIC^{††}

The Expert in Probiotics



HEALTH & WELLNESS

Works naturally with your body to keep your digestive and immune systems in balance*

Supports your natural immune defenses*

Helps your digestive system work better*

15 billion live active cultures



30 Once Daily Vegetarian Capsules
DIETARY SUPPLEMENT

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Supplement Facts
Serving Size: One (1) Capsule
Amount Per Serving % Daily Value
Calories 0
Total Carbohydrate 0 g 0%
Total Sugars 0 g †
† Daily Value not established.
Other Ingredients: microcrystalline cellulose, hydroxypropyl methylcellulose, sucrose, maltodextrin, sodium ascorbate, vegetable magnesium stearate, titanium dioxide (color) and silicon dioxide.
Distributed by: iHealth, Inc. 55 Seaboard Drive, Cromwell, CT 06416

Supplement Facts		Amount Per Serving % Daily Value	
Calories	0		
Total Carbohydrate	0 g	0%*	
Total Sugars	0 g	†	
Incl. 1g Added Sugars			0%*
<i>Lactobacillus rhamnosus</i> GG	15 billion CFUs	†	

Directions for 12 years of age and older: For daily use, take one (1) capsule per day. For optimal results, continued daily use is suggested.
KEEP OUT OF REACH OF CHILDREN. Inform a healthcare professional before starting any dietary supplement, particularly if there is a known immune-compromised condition.

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