48G PROTEIN' GL WIEY, 451 CASEIN & 101 FGG WHITE OPEN LABEL NO PROPRIETARY BLEND YOUR ANYTIME PROTEIN 5.6g BCAAs & 5.0g GLUTAMINE

DIGESTIVE ENZYMES GRASS-FED DAIRY

2.5g PREBIOTIC FIBER

No AMINO SPIKING GLUTEN-FREE Low Sodium











Ok Let me just say that I have find

found the protein brand that | will do

with! I have literally tried every pole

brand over the past three years and the

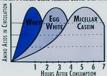
What makes Trutein so special besides Our balanced blend of 45% whey, 45% it phenomenal taste? It's our clean label casein and 10% egg white results in the

A proprietary blend is the term that ther companies use to describe doctoring their protein powders to make them appear much higher quality than they really are. For example, while other bands might boldly claim the inclusion d nicelar casein & egg white, the nolly is that unless the specific percentoges are clearly stated you are likely toping 99% of the cheapest whey protein concentrate and less than 1% of he nore expensive and equally import-

Takin, on the other hand, has an etirely dean & transparent label and 3 we reveal the exact percentages of our individual protein components. You can net assured that you are truly receiving the highest quality formula available.

and our firm refusal to hide our whey, ultimate sustained release protein. REAL CUSTOMERS, REAL FEEBBLOOK caen & egg proportions in a propri- While whey digests quickly in about 30 minutes, egg whites absorb more slowly between 2-3 hours, and casein digests the slowest at 6 hours. This means that Trutein continuously feeds your muscles over an extended 6hr period for maximum protein absorption. It also means you're going to feel full and satiated for much longer compared to regular whey, helping to keep your appetite at bay. This makes Trutein And Trutein is the ROTH perfect for breakfast, as a snack between meals, and as a post-workout

TRUTEIN'S PROTEIN BLEND RELEASES SLOWLY OVER TIME! art nicelar casein & egg white proteins.



company knocks it out the part! walk never rate a company a 10 unless 1 fe everyone should really give it a try

Check us out online for delicious recipes, new products & morel

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Balanced Non-Proprietary Blend 45% Whey, 45% Micellar Casein & 10% Egg White 48g Pure Protein Sustained-Release WHEY, CASEIN & EGG WHITE PROTEIN **Best Taste** Smores Gluten Free **Grassfed Dairy** NET WT 2LBS (907g) SUGGESTED USAGE: Mix 1 scoop (34g) of Trutein in 8oz of cold water or another beverage (milk, almond milk, etc). Shake or blend for 20 seconds.

Supplement Facts

Servings Per Container 27

	Amount Per Serving	% Daily Value
Calories	115	
Calories from Fat	10	
Total Fat	1 g	1%*
Saturated Fat	0.5 g	2%*
Cholesterol	20 mg	7%*
Total Carbohydrate	5 g	2%*
Dietary Fiber	2.5 g	10%*
Sugars	1 g	
Protein	24 g	48%*
Calcium	220 mg	22%
Iron	1.4 mg	7%
Sodium	105 mg	4%
Potassium	80 mg	2%
NONPROPRIETARY PROTEIN	BLEND 24 g	**
45% Whey, 45% Micellar	Casein, 10% Egg White	
DIGESTIVE ENZYMES	100 mg	**

INGREDIENTS: Trutein® Protein Blend (Pure Undenatured & Nonthermally Processed Milk Protein Isolate, Cross-Flow Nanofiltered Whey Protein Isolate, Ultrafiltered Whey Protein Concentrate, Egg Albumen), Cocoa Powder, TruFiber™ Inulin, Natural & Artificial Flavors, Marshmallow Pieces (Sugar, Corn Syrup, Dextrose, Modified Corn Starch, Gelatin), Xanthan Gum, Cellulose Gum, Guar Gum, Protease Enzymes, Acesulfame Potassium,

Sucralose, Soy Lecithin ALLERGEN WARNING: Contains Milk, Egg & Soy Ingredients.

MANUFACTURED BY Body Nutrition

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PROTEIN SUPPLEME

Peptidase Proteolytic Enzymes

