effective on the market.















SWEET TEA

Serving Size Servings Per Container		1 Scoop (8.8g) 30	
Amount Per Serving		%DV*	
Vitamin B6 (as pyridoxine hydrochloride)	10.5mg	525%	
Magnesium (as magnesium aspartate)	150mg	38%	
Zinc (as zinc aspartate)	15mg	100%	
L-Glycine	3,000mg	t	
L-Ornithine Hydrochloride	1,000mg	t	
L-Theanine	500mg	t	
Licorice Powder (Glycyrrhiza glabra)(root)	300mg	1	
Hops Extract 2% Flavones	300mg	t	
Passion Flower Extract (Passiflora incarnata)(herb)	300mg		
Gamma Aminobutyric Acid (GABA)	200mg	t	
Valerian Extract 4:1 (Valeriana officinalis)(Root)	100mg	t	
Green Tea Extract (standardized to 50% EGCG) (Camellia sinensis)(leaf)	100mg	t	
Kava Kava Powder (Piper methysticum)(root)	100mg	t	
Inositol	100mg	t	
5-hydroxytryptophan (5-HTP)	100mg	t	
Melatonin	0.5mg	-	

t (DV) Daily Value Not Established

\* Percent Daily Values are based on a 2,000 calorie diet

OTHER INGREDIENTS Natural Flavors, Citric Acid, Silicon Dioxide, Sucralose,

DIRECTIONS Take 1 level scoop 30 minutes prior to workout in 8 oz of ice cold water or in warm water and drink as a night time tea. **CAUTION** Do not exceed recommended dosage. Pregnant or nursing women, children under 18 and individuals with known medical conditions should consult a doctor before taking this or any dietary supplement. Keep out of reach of children and don't use if safety seal is damaged or missing. Store in a cool, dry place.