

CAUTION - READ ENTIRE LABEL BEFORE CONSUMING!

DIRECTIONS: Take 1 serving of CREATINE XS™ (2.5 Grams) with 4-6 oz (120-180 ml) of cold water, juice or your favorite beverage. Use in conjunction with a proper diet and exercise regimen to maximize results.

WARNINGS: KEEP OUT OF REACH OF CHILDREN. Must be 18 years of age or older to purchase and/or use this product. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have any known medical conditions. Discontinue use and consult your health care professional if you experience any adverse reaction to this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.



Developed Exclusively by and Manufactured for:
RONNIE COLEMAN SIGNATURE SERIES
Lake Mary, Florida 32746 • www.RONNIECOLEMAN.net
To report adverse event for more information call 888.854.3316 (tel).

VITAL EDITION

RC

RONNIE COLEMAN
SIGNATURE SERIES

CREATINE XS

Pure Micronized Creatine Monohydrate Powder*



UNFLAVORED

DIETARY SUPPLEMENT / NET WT. 10.6oz (300g)

SUPPLEMENT FACTS

Serving Size: 1/2 Scoop (2.5 grams)
Servings Per Container: 120

Amount Per Serving	% Daily Value†
Creatine Monohydrate	2.5 g ‡

† Percent Daily Values are based on a 2,000 calorie diet.
‡ Daily Value Not Established.

Allergen Warning: Manufactured in a facility that also manufactures egg, wheat, milk, soy, tree nuts, fish and shellfish.

MANUFACTURED IN THE USA
AT A cGMP FACILITY

