

HIGHER NATURE®
PELARGONIUM
COLD RELIEF

HEPC021

A traditional herbal medicinal product used to relieve symptoms of upper respiratory tract infections such as the common cold, based on traditional use only.

DOSAGE:

For oral use. Adults and children over 12 years: Take 1 tablet three times daily (morning, midday, evening). Swallow the tablet whole with some water. Do not chew the tablet. After the relief of symptoms, continue treatment for a further 2-3 days to prevent a relapse. However, treatment should not exceed two weeks. This formulation is not suitable for children under the age of 12 years.

WARNING: DO NOT EXCEED THE STATED DOSE.

Do not use if you:

- are allergic to any of the ingredients
- suffer from severe liver or kidney disease
- are pregnant or breastfeeding

KEEP OUT OF SIGHT AND REACH OF CHILDREN

Please read the enclosed Patient Information Leaflet carefully before taking these tablets.

If you suffer from an increased tendency to bleeding and/or take anti-coagulating drugs such as warfarin, there is a theoretical risk that taking this product may increase the risk of bleeding.

STORAGE:

Store in a cool dry place and in the original packaging.
Expiry date: see base.

ACTIVE INGREDIENTS:

Each film-coated tablet contains:
20 mg of extract (as dry extract) from the roots of *Pelargonium sidoides* DC (1:8-10). Extraction solvent: 11% ethanol (w/w).
This product contains lactose monohydrate.

Manufactured in Germany for
Higher Nature, Burwash Common,
East Sussex TN19 7LX
by the THR holder:
Dr Willmar Schwabe & Co.KG,
Karlsruhe, Germany

THR 05332/0005



certification mark

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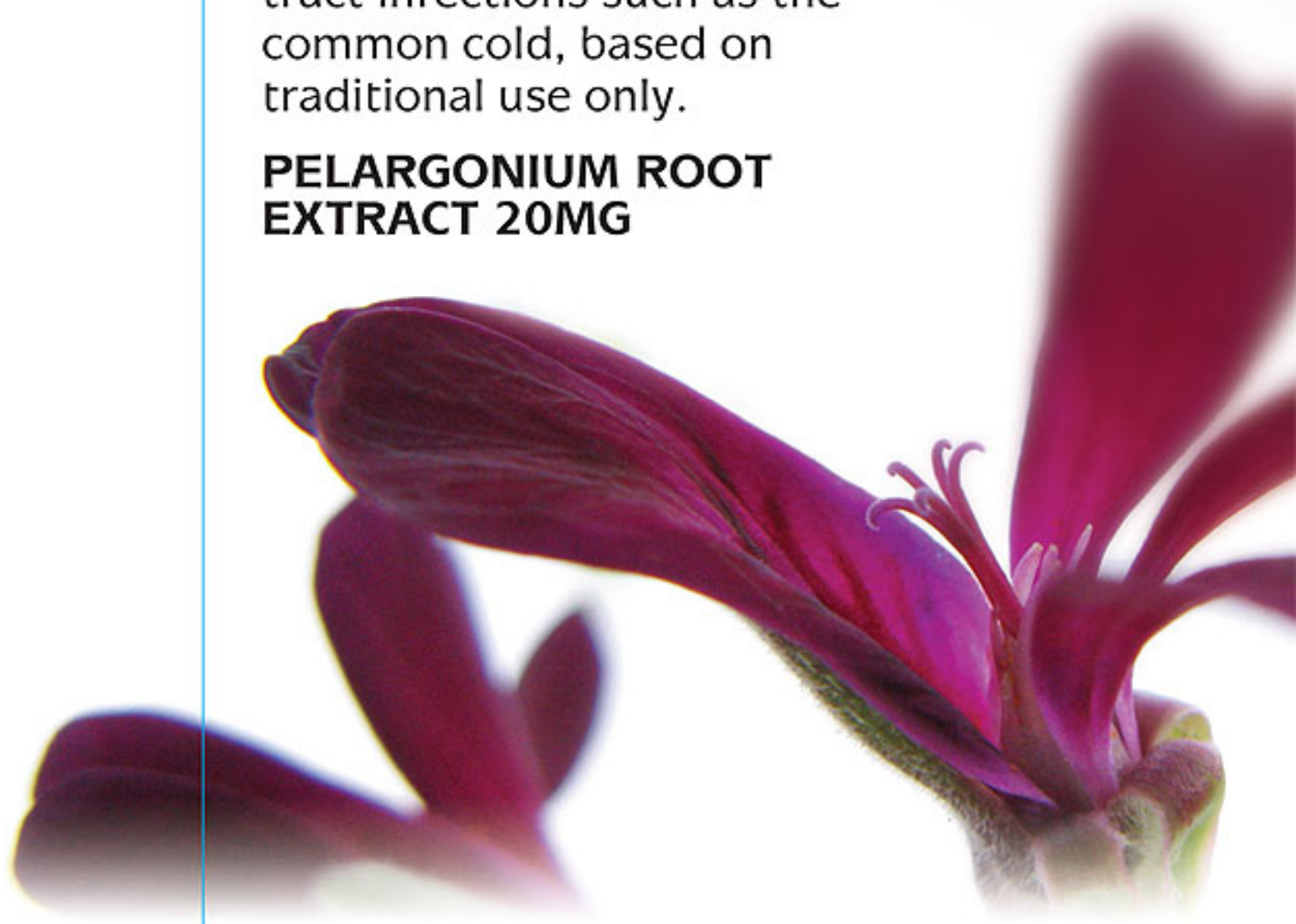
HIGHER NATURE®

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21
film-coated
tablets

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**PELARGONIUM ROOT
EXTRACT 20MG**



Traditionally
used for:

- ✓ Colds
- ✓ Sore throat
- ✓ Cough
- ✓ Blocked or runny nose