

PRODUCT INFORMATION:

Three tablets typically provide:

		%NRV*
Vitamin D (400iu)	10µg	200
Vitamin C	120mg	150
Vitamin B6	10mg	714
Calcium	414mg	51
Magnesium	210mg	56
Zinc	5mg	50
Copper	2000µg	200
Manganese	4mg	200
Boron	3mg	
Silicon	13mg	
True Food® Super Potency Soyagen	120mg	

*NRV = Nutrient Reference Value

INGREDIENTS: Lithothamnion calcarea, bulking agent: microcrystalline cellulose; magnesium oxide, magnesium citrate, vitamin C (calcium ascorbate), enzyme pre-digested whole **soya** fermented with saccharomyces cerevisiae (food yeast), anti-caking agent: magnesium stearate; zein protein coating, silicon dioxide, sodium borate, manganese citrate, zinc citrate, vitamin B6 (pyridoxine HCl), copper citrate, cholecalciferol (emulsifier: acacia gum, antioxidant: sodium ascorbate, anti-caking agent: silicon dioxide).
(Allergens in **bold**)

FREE FROM: Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, wheat.

This product has not been tested on animals.

HIGHER NATURE®

BODY HEALTH

SUPER OSTEOFood

With calcium,
vitamins C & D



90 tablets
vegetarian and vegan

SUPER OSTEOfOOD FOOD SUPPLEMENT - 90 TABLETS

- ✓ Calcium is needed for maintenance of normal bones
- ✓ Vitamin D, magnesium, manganese and zinc support normal bones
- ✓ Vitamin C supports collagen formation for normal bones

DIRECTIONS: Take 3 tablets a day with meals. Do not exceed recommended daily intake. A daily multivitamin is also recommended. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

STORAGE: Store in a cool, dry place out of reach of children.



OST090 119

OST-068-08

Higher Nature Ltd, 10 Discovery Way,
Horam, East Sussex TN21 0GE, UK
highernature.com

