48g PROTEIN | 11½g BCAAs | 2½g NET CARBS | GF GLUTEN FREE | #1 TASTING | NO SUGAR ADDED

PROTEIN
- 100% Pure Whey — Absolutely no fillers or amino spiking
- 48g Protein† — 11½g BCAAs & 10g Glutamine Precursors

VERSATILE
- Optimize Recovery — Muscle Growth and Repair*
- Post-Workout — Fast Acting Delivers Nutrients Fast
- Shakes & Snacks — Versatile in Many Smoothies & Recipes

HEALTHY
- No Added Sugar
- Lactose Free
- Gluten-Free
- Low Sodium

GAIN **21%** MORE MUSCLE*

Athletes who trained for 5 months while consuming 30g of whey protein per day gained an astounding 21% more lean body mass - almost 7 pounds of total muscle - compared to a control group that did not supplement with protein.†

GREAT IN SHAKES, SMOOTHIES, PANCAKES & MORE

WheyMax makes the perfect beverage base for delicious and nutritious smoothies & shakes loaded with protein. One of our favorites is this *Hi-Protein Apple Pie Smoothie*

- 1 scoop WheyMax Vanilla Bean
- ½ cup Milk, Almond Milk or Water
- ½ cup Applesauce
- ½ tsp Cinnamon
- Pinch of Nutmeg
- 1 cup ice cubes

Put above ingredients in a blender and blend until smooth. Enjoy!

Check us out online for samples, more recipes & more!

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† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

REFERENCE: Amino Acids. 2009 Jul; 37(1): 297-308.

body nutrition

Perfect for Shakes & Smoothies 2X

48g Total Protein† Per 2 Scoops

Rapid Absorption

WheyMax™

FUNCTIONAL INSTANT WHEY PROTEIN SHAKE

Recovery Post-Workout

Pure Whey 100%

Gluten Free

NET WT 5LBS (2268g) PROTEIN SUPPLEMENT

SUGGESTED USAGE: Add 1 scoop (33g) WheyMax to 8oz of cold water or another beverage (milk, almond milk, etc). Shake or blend until creamy. May also be used to cook with (recipes available online at bodynutrition.com).

Supplement Facts

Serving Size 1 Level Scoop (33g)
Servings Per Container about 69

	Amount Per Serving	% Daily Value
Calories	125	
Calories from Fat	10	
Total Fat	1.5 g	2%*
Saturated Fat	0.5 g	4%*
Cholesterol	75 mg	25%*
Total Carbohydrate	2.5 g	1%*
Dietary Fiber	0 g	0%*
Sugars	1.5 g	
Protein	24 g	45%*
Calcium	175 mg	17%
Sodium	75 mg	3%
Potassium	140 mg	4%
DIGESTIVE ENZYMES	100 mg	**
Peptidase Proteolytic Enzymes		

* Percent Daily Values are based on a 2,000 calorie diet.
** Percent Daily Values are not established.

INGREDIENTS: Non-thermally-Processed Ultrafiltered Whey Protein Concentrate, Nonthermally-Processed Nanofiltered Whey Protein Isolate, Natural & Artificial Flavors, Protease Enzymes, Carrageenan Gum, Xanthan Gum, Guar Gum, Sucralose, Acesulfame Potassium, Soy Lecithin

ALLERGEN WARNING: Contains Milk and Soy Ingredients.

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4MP BANNED SUBSTANCE FREE