

46G PROTEIN[†] 10½G BCAAs[†] 3G NET CARBS[†] GF GLUTEN FREE #1 TASTING NO SUGAR ADDED

body nutrition



Perfect for Shakes & Smoothies 2X

46g Total Protein Per 2 Scoops

Rapid Absorption

WheyMax™

FUNCTIONAL INSTANT WHEY PROTEIN SHAKE



Naturally & Artificially Flavored

Recovery Post-Workout

Pure Whey

Gluten Free

NET WT 5LBS (2268g)
PROTEIN SUPPLEMENT

GREAT IN SHAKES, SMOOTHIES, PANCAKES & MORE



WheyMax makes the perfect beverage base for delicious and nutritious smoothies & shakes loaded with protein. One of our favorites is this *Hi-Protein Chocolate Peanut Butter Frostie*

- 1 scoop WheyMax Chocolate
- 1 cup Milk, Almond Milk or Water
- 2 Tbsp Peanut Butter
- 1 cup ice cubes

Put above ingredients in a blender and blend until smooth. Enjoy!

Check us out online for samples, more recipes & more!

bodynutrition.com
bodynutritionco
@bodynutritionco

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

† Net Carbs = Total Carbohydrates Less Digestive Fiber (Sources: Amino Acids, 2004 Jul; 37(2): 297-308.

SUGGESTED USAGE: Add 1 scoop (33g) WheyMax to 8oz of cold water or another beverage (milk, almond milk, etc). Shake or blend until creamy. May also be used to cook with (recipes available online at bodynutrition.com).

Supplement Facts

Serving Size 1 Level Scoop (33g)
Servings Per Container about 69

	Amount Per Serving	% Daily Value
Calories	125	
Calories from Fat	15	
Total Fat	2 g	3%*
Saturated Fat	1 g	5%*
Cholesterol	70 mg	22%*
Total Carbohydrate	4 g	1%*
Dietary Fiber	1 g	4%*
Sugars	1.5 g	
Protein	23 g	45%*
Calcium	165 mg	16%
Sodium	75 mg	3%
Potassium	140 mg	4%
DIGESTIVE ENZYMES	100 mg	**
Peptidase Proteolytic Enzymes		

* Percent Daily Values are based on a 2,000 calorie diet.
** Percent Daily Values are not established.

INGREDIENTS: Non-thermally-Processed Ultrafiltered Whey Protein Concentrate, Cocoa, Nonthermally-Processed Nano-filtered Whey Protein Isolate, Natural & Artificial Flavors, Protease Enzymes, Carrageenan Gum, Xanthan Gum, Guar Gum, Sucralose, Acesulfame Potassium, Soy Lecithin

ALLERGEN WARNING: Contains Milk and Soy Ingredients.

MANUFACTURED BY Body Nutrition

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MADE IN USA
US3008546221

GMP BANNED SUBSTANCE FREE



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GAIN
21% MORE MUSCLE*

Athletes who trained for 5 months while consuming 30g of whey protein per day gained an astonishing 21% more lean body mass - almost 7 pounds of total muscle - compared to a control group that did not supplement with protein.[‡]



Source: Moore & Adams, Cholesterol