## PRODUCT INFORMATION:

One capsule typically provides:

Oregano oil 50mg (minimum 35% carvacrol, 27.5% thymol)

**INGREDIENTS:** Emulsifier: **soya** bean lecithin; capsule: hydroxypropyl methlycellulose; oregano (*origanum vulgare*) flower essential oil. (Allergens in **bold**)

**FREE FROM:** Artificial colours, flavourings or preservatives, corn, dairy products, gluten, lactose, maize, salt, starch, sugar, wheat, yeast.

**WARNING:** Not advisable if pregnant, planning pregnancy, breastfeeding, or in cases of colitis, gastritis, or stomach or intestinal ulcers.

## HIGHER NATURE® BODY HEALTH

**OREGANO OIL** 

For gut health



## OREGANO OIL FOOD SUPPLEMENT - 90 capsules

- ✓ For gut health
- ✓ No odour, taste or warming sensation

DIRECTIONS: Adults take 1 capsule 3 times a day (children 12 and over take 1-2 capsules a day) with meals building gradually. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

**STORAGE:** Store in a cool, dry place out of reach of children.



Higher Nature Ltd, 10 Discovery Way, Horam, East Sussex TN21 OGE, UK highernature.com



90 capsules vegetarian and vegan