

THE ULTIMATE PRE-WORKOUT EXPERIENCE.†

WHAT DOES SUPERPUMP™ MAX DO?

- INCREASES ENDURANCE CAPACITY †
- FIGHTS MUSCLE SORENESS AND FATIGUE†
- IMPROVES AMINO ACID UTILIZATION†
- ENHANCED WITH ELECTROLYTES FOR INCREASED HYDRATION†
- INGREDIENT DOSING BASED ON PUBLISHED RESEARCH STUDIES†

6 SERVINGS
4g CITRULLINE†



4g LEUCINE†
1g L-CARNITINE†
†PER 2 SCOOPS

SUPERPUMP™ MAX

DIETARY SUPPLEMENT Net Wt. 3.39oz. (96g)

FRUIT PUNCH NATURALLY & ARTIFICIALLY FLAVORED

†THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Supplement Facts		
Serving Size: Approx. 1 Scoop (16g) Servings Per Container: Approx. 6		
Amount Per Serving	% Daily Value*	
Calories	10	
Total Carbohydrate	3g	1%
Vitamin C (as ascorbic acid)	30mg	50%
Niacin (as niacinamide)	79mg	396%
Vitamin B6 (as pyridoxine hydrochloride)	3.4mg	168%
Vitamin B12 (as methylcobalamin)	10mcg	167%
Calcium	38mg	4%
Phosphorus	69mg	7%
Magnesium	40mg	10%
Sodium	35mg	1%
SUPERPUMP™ MAX PROPRIETARY BLEND	11.3g	**
MYOVL ELECTROHYDRATION COMPLEX		
Taurine, Calcium Glycophosphosphate, Di-Magnesium Malate, Di-Potassium Phosphate, L-Alanyl-L-Glutamine (Sustamine®)		
NITRIC OXIDENDURANCE COMPLEX		
L-Citrulline (2g), L-Carnitine L-Tartrate, L-Ornithine L-Aspartate		
BRANCH CHAIN MOTOR STIMULATION BLEND		
L-Leucine (2g), L-Isoleucine, L-Valine		
PHOSPHODRIVE SIGNALING COMPLEX		
Creatine Monohydrate (1.3g), Magnesium Creatine Chelate (Creatine Magna Power™)		
COGNIDRIVE ACCELERATION MATRIX		
L-Tyrosine, Caffeine, Glucuronolactone		
*Percent Daily Values are based on a 2,000 calorie diet.		
**Daily Value not established.		

WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov

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DIRECTIONS FOR USE: As a dietary supplement, take approximately 1-2 scoops with 8-16oz. of cold water or juice (8oz. of fluid per scoop) 30-40 minutes prior to training. Important: For first time users take one (1) scoop for your first 2 or 3 workouts to allow your body to properly assimilate to SuperPump™ MAX's high dosage of nutrients. SuperPump™ MAX should be used on training days only.

CAUTION: SuperPump™ MAX contains CAFFEINE. Individuals sensitive to caffeine or other stimulants should start by using three (1) scoop per day before training to help assess their tolerance for the first 2-3 days. Do not exceed more than three (3) scoops at any given time under any circumstances.

IMPORTANT: To avoid sleeplessness, do not take within four hours of bedtime. Avoid taking any additional stimulants while taking SuperPump™ MAX. Though dramatic effects will be noticed in your very first workout, SuperPump™ MAX should be taken every training day to elicit its maximum effects. Taken as part of a proper exercise program and a diet rich in protein and carbohydrates, SuperPump™ MAX may help individuals reach their aesthetic, strength and energy goals. Individual results may vary according to genetic disposition and body weight. Consume a minimum of approximately 1 gallon of water a day. Most individuals will begin to feel its mental focus, energy and super pump effects within 15 minutes of ingestion, others within 15-45 minutes of ingestion. These effects tend to become progressively more pronounced every few minutes thereafter. SuperPump™ MAX will elicit its maximum energy and super pump effects within 1-6 hours after ingestion.†

WARNING: Seek the advice of a health care practitioner before use, especially if you have any pre-existing medical condition(s) including (but not limited to): hypertension, hypertension, heart, liver, or thyroid disease, diabetes, psychiatric disease, asthma, pernicious anemia, anxiety, depression, seizure disorder, cardiac arrhythmia, stroke, difficulty urinating due to prostate enlargement, or if you are taking a MAO inhibitor or any other prescription drug(s). Do not use if you are pregnant or nursing. Reduce or discontinue use if excessive sleeplessness, tremors, dizziness, nervousness, headaches, or heart palpitations occur. For use by healthy adults only. Not intended for use by persons under the age of 18.† **User assumes all risks, liabilities, and consequences related to performance enhancing testing and use of this product. † KEEP OUT OF REACH OF CHILDREN.** Note: Do not store in direct sunlight, store in a cool dry place. TAMPER EVIDENT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Sustamine® is a registered trademark of KYOWA HAKKO BIO Co., Ltd. Creatine MagnaPower is a registered trademark of Albion Laboratories, Inc., covered by U.S. Patent 6,114,379 and patents pending. Citrulline is covered under US Patents 5,674,471 and 6,026,107