

Magnesium glycinate is a mineral supplement that helps support a proper magnesium level in the blood. Additionally, this supplement can help in maintaining the normal functioning of cells, nerves, muscles, kidneys, bones and the heart, as well as normal ranges of blood pressure and energy, and in managing menstruation.*

While a proper diet will also aid in achieving these goals, regular usage of magnesium glycinate can provide the necessary dosage of magnesium to sustain the appropriate balance that the human body needs of this essential mineral.*



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NATURAL HEALTH SOLUTIONS

MAGNESIUM GLYCINATE

PROFESSIONAL GRADE

Distributed by:
Pure Prescriptions, Inc.
www.PurePrescription.com
1.800.860.9583

120 CAPSULES
Dietary Supplement

120mg
/CAPSULE

Bioavailable Mineral Without Gastrointestinal Upset

DIRECTIONS: As a dietary supplement, take 1 capsule, up to 4 times per day, with meals.

READ FIRST: Do not expose to excessive heat. Keep out of reach of children. Consult with your doctor if you are pregnant or nursing.

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 120

Amount per Serving		%Daily Value
Magnesium (as TRAACS® magnesium bisglycinate Chelate)	120 mg	30%

Other Ingredients: Hypromellose (Capsule), Rice Bran TRAACS®, is a registered trademark of Albion Laboratories, Inc.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

