

WHY PROVEN GREENS & REDS™?

IMMUNE &
DETOXIFICATION

SUPPORT[†]

PROMOTES

HEALTHY BODY
FUNCTION[†]

Different colors of fruits and vegetables contain different kinds of phytochemicals – each with their own unique set of qualities. The major colors are red and green, not coincidentally located at opposite ends of the color wheel. Red fruits and vegetables tend to contain more anthocyanins, tannins, flavonoids, carotenoids, and stilbenes. Greens contain coumarins, phytosterols, and lignans as well as flavonoids. Broadly, these chemicals participate in anti-oxidation, lipid metabolism, and glucose metabolism.[†]

Gaspari Nutrition® created Proven Greens & Reds™ to give you a high nutrient superfood fruit and vegetable powder to help promote healthy body function, and support immune and detoxification functions. Healthy body function is a proven necessity so look to the PROVEN AUTHORITY IN SUPERFOODS, look to **Proven Greens & Reds™**.

[†]THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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PROVEN GREENS & REDS

HIGH NUTRIENT SUPERFOOD POWDER

5g ORGANIC GREENS BLEND

2g ORGANIC ANTIOXIDANT RED BLEND

1g IMMUNITY & METABOLIC BLEND

2g ORGANIC PREBIOTIC FIBER



NATURALLY FLAVORED

DIETARY SUPPLEMENT NET WT. 12.69oz. (360g)

Supplement Facts

30 servings per container

Serving size **1 Scoop (12g)**

Amount Per Serving

Calories **10**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 30mg **1%**

Total Carbohydrate 5g **5%**

Dietary Fiber 4g **20%**

Total Sugars (Naturally Occurring) <1g

Includes 0g Added Sugars **0%**

Protein <1g **0%**

Organic Greens Blend **5g** **

Organic Greens Blend (Organic Spirulina Powder, Organic Spinach Powder, Organic Parsley Powder, Organic Kale Powder, Organic Barley Grass Powder, Organic Wheat Grass Powder, Organic Chlorella Powder, Organic Green Pepper Powder, Organic Green Apple Powder, Organic Green Banana Powder, Organic Sweet Potato Powder & Organic Broccoli Powder)

Organic Antioxidant Red Blend **2g** **

Organic Strawberry, Organic Raspberry, Organic Blueberry, Organic Tart Cherry, Organic Pomegranate, Organic Cranberry)

Organic Prebiotic Fiber (Inulin/ Fructooligosaccharides) **2g** **

Immunity & Metabolic Blend **1g** **

Organic Ginger Powder, Organic Turmeric Powder, Organic Green Tea Powder, Elderberry Extract & Apple Cider Vinegar

Probiotic Blend **3 Billion CFU/g** **

Heat stable Probiotic (Bacillus Coagulans)

* Based on a 2,000 calorie diet ** Daily Values not established

OTHER INGREDIENTS: Citric Acid, Natural Flavor, & Organic Stevia Extract.

SUGGESTED USE:

As a dietary supplement, take 1 scoop of PROVEN GREENS & REDS™ a day with 8oz. of water or as directed by a practitioner.

AS WITH ANY DIETARY SUPPLEMENT, CONSULT YOUR HEALTHCARE PRACTITIONER BEFORE USING THIS PRODUCT, ESPECIALLY IF YOU ARE PREGNANT, NURSING, OR OTHERWISE UNDER MEDICAL SUPERVISION.

KEEP OUT OF THE REACH OF CHILDREN. STORE IN A COOL, DRY PLACE. STORE AWAY FROM HEAT AND MOISTURE.

TAMPER EVIDENT: DO NOT USE IF SEAL UNDER

WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov

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