

- **SKINNY MINI** helps reduce cravings for food
- **SKINNY MINI** increases energy naturally
- **SKINNY MINI** helps increase metabolism
- **SKINNY MINI** is 100% ephedra free

NaturesPlus **SKINNY MINI** is a revolutionary nutritional breakthrough designed to ignite your personal fitness plan to new heights. Each power-packed, ephedra-free capsule unites the numerous benefits of energizing herbal extracts and patented metabolic factors with the exhilarating effects of adaptogenic Rhodiola. **SKINNY MINI** is perfect for individuals seeking to lose those stubborn pounds quickly and safely.

Free from artificial colors and preservatives.

DIRECTIONS: As a dietary supplement, take two capsules daily with 8 ounces of water. Individuals weighing under 150 lbs. may wish to begin use with one-half the recommended serving for the first week (one capsule per day). Use as part of a reduced-fat diet and exercise program.

WARNINGS: Do not take in the evening. Do not exceed 4 capsules per day. Not intended for persons under 18 years of age. Do not use if you are pregnant or nursing or allergic to tyramine or chocolate. The recommended serving of this product contains about as much caffeine as a cup of coffee (100 mg) and should not be taken by individuals wishing to eliminate caffeine from their diet. Limit use of caffeine-containing medications, foods and beverages while taking this product, because too much caffeine may cause nervousness, irritability, sleeplessness and, occasionally, rapid heartbeat.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 45

	Amount Per Serving	%DV
Vitamin B12 (as methylcobalamin)	500 mcg	8333%
Chromium (as chromium polynicotinate,* chloride)	120 mcg	100%
Proprietary Skinny Mini Herbal Blend	620 mg	†
Guarana Seed‡, Spirulina, Cacao Fruit (<i>Theobroma cacao</i>) (Metabromine®)‡, Green Tea (<i>Camellia sinensis</i> leaf)‡		
Rhodiola (<i>Rhodiola rosea</i> root) (with standardized rosinavin, salidroside, polyphenols, beta-vicianosides, rosin and rosinarin)	250 mg	†
CITRIMAX® (<i>Garcinia cambogia</i> fruit extract, standardized 50% [50 mg] L-hydroxycitrate)	100 mg	†
ForsLean® (<i>Coleus forskohlii</i> extract) (with standardized forskolin)	100 mg	†
Conjugated Linoleic Acid (CLA)** (standardized 1:1 c9-t11:t10-c12)	100 mg	†
Bioperine® (from <i>Piper nigrum</i> fruit) (standardized to 95% [0.95 mg] 1-piperoylpiperidine)	1 mg	†

†Daily Value (DV) not established.

Other ingredients: Vegetable cellulose, magnesium stearate, silica and purified water. Contains soy and milk.
‡Standardized extract

Manufactured with LOVE by
Natural Organics Laboratories, Inc.
makers of **NaturesPlus**
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PRODUCT NO. 4328



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CITRIMAX® **CHROMEMATE®**

Clarinol® **ForsLean®** **BiOPERINE®**

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NaturesPlus®

**EPHEDRA
FREE**



**SKINNY
MINI®**

**Don't Gamble
with Your
Health!**



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CAPSULES**

**ENERGIZING
WEIGHT LOSS FORMULA**

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