

naturewise®

ASHWAGANDHA for STRESS



Reduces Stress & Anxiety*
Enhances Mood*
Improves Sleep*
Calms the Nervous System*
Promotes Hormonal Balance*

60 VEGETARIAN CAPSULES

dietary supplement

Suggested Use: Adults take 2 capsules daily, or as recommended by your healthcare provider.*

CAUTION: As with any dietary supplement, you should consult your healthcare provider before use, especially if pregnant, nursing, have a medical condition, taking medications, or have known adverse reactions or allergies.

Supplement Facts

Serving Size: 2 Vegetarian Capsules
Servings Per Container: 30

	Amount Per Serving	% Daily Value**
Ashwagandha KSM-66® Extract (Withania somnifera) (root) (5% withanolides) (organic)	600 mg	†
ANTI-STRESS BLEND	700 mg	†
Rhodiola rosea Extract (root) (3% rosavins, 1% salidroside), L-Theanine, Chinese Skullcap (Scutellaria baicalensis), GABA (gamma-Aminobutyric acid)		

** Percent Daily Values are based on a 2,000-calorie diet.

† Daily Value not established.

Other Ingredients: Vegetable cellulose (capsule).

This Product Contains Milk.

This Product Does Not Contain: Wheat, gluten, soy, eggs, peanuts, tree nuts, fish, or shellfish.

KSM-66® is a registered trademark of Isotrex Biomed, Inc.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

* NatureWise Ashwagandha for Stress should always be taken in conjunction with a healthy diet and regular exercise program.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Live
Healthy.
Live
Happy.

At NatureWise, we believe that being healthy and happy is about caring for your whole self. It's about making smart choices that support you in feeling your best and living your fullest life. Our supplements are designed to support your body's natural wisdom and your own healthy choices to promote well-being from the inside out.



SMILES ALL AROUND

Everyone deserves to be healthy and happy — so we're spreading the goodness around. Through our partnership with **Vitamin Angels**, every purchase you make generates a donation of life-changing nutrients to a child or mother in need for an entire year.

What's good for the earth is good for all of us. That's why we take care to source our ingredients responsibly and use only eco-friendly, recyclable packaging. We are also a leading supporter of PINA, The Permaculture Institute of America.

HEALTHY
PLANET



WE ARE 100% REAL

This product has a story. Use the **Transparency mobile app** to scan the code and see its journey from creation to delivery. Get to know each ingredient and why we chose it. PLUS, see independent test results for potency and purity. An unprecedented level of transparency. Real products — to inspire your best. Every day.

Scan with the
Transparency
app for:

Authenticity
Ingredients
Benefits
& More



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transparency

NATUREWISE ASHWAGANDHA HERBAL BLENDS

A premium line of KSM-66® Ashwagandha with select botanicals for targeted support

Ashwagandha is an ancient adaptogenic herb used in Ayurvedic healing for thousands of years — and validated by modern science for its proven ability to restore and revitalize both mind and body.* Our unique Ashwagandha product line features five specialized blends that combine premium KSM-66® Ashwagandha with select botanicals to deliver targeted support for Brain Health, Endurance, Stress, Libido, and Healthy Aging.

CLINICALLY PROVEN STRESS SUPPORT

Persistent daily stress and anxiety can put your nervous system into permanent fight-or-flight mode, compromising your physical, mental, and emotional well-being. Our targeted stress support formula is powered by KSM-66® Ashwagandha, the most potent and clinically studied Ashwagandha root extract on the market, scientifically proven to significantly reduce stress and anxiety.* For enhanced effect, we add a superblend of mood-balancing botanicals and nutrients like Rhodiola, Chinese Skullcap, GABA, and L-Theanine to naturally soothe the nervous system and boost well-being for improved quality of life.*

- ✓ KSM-66® ASHWAGANDHA
- ✓ NATURAL & NON-GMO
- ✓ VEGETARIAN & GLUTEN-FREE

CAPSULE SIZE