

MAXIMUM PERFORMANCE

WHAT DOES SIZEON® DO?

Accelerates Protein Synthesis & Muscle Force Recovery†

Increase Muscle Volume, Muscle Fiber Size, Cell Volume
& Plasma Amino Acid Levels*

INCREASES POWER & PERFORMANCE*

INHIBITS MUSCLE PROTEIN BREAKDOWN*

ENHANCES HYDRATION*

Includes Cyclic Dextrin Infused Carbohydrate Blend

ULTIMATE HYBRID INTRA-WORKOUT AMINO ACID & CREATINE FORMULA

Gaspari Nutrition takes sports supplementation to their highest level yet, with SizeOn® - the Ultimate Hybrid Intra-Workout Amino Acid & Creatine Formula. The original SizeOn® became known as the "King of Creatines" and by utilizing the latest advances in clinical research, this award winning formula is better than ever! SizeOn® contains high quality whey hydrolysate, which is proven by clinical research to absorb even faster than free-form amino acids. SizeOn® also boasts a premium creatine formula, high-performance carbohydrates, a high dose of L-Leucine (4g), and many more anabolic-promoting ingredients. With proper rest and nutrition, Gaspari brings these carefully selected ingredients together for unparalleled increases. SizeOn® helps optimize athletic performance, skeletal muscle recovery, explosiveness and most notably, immediate increases in muscle size **WHILE YOU ARE STILL TRAINING.**†

24 SERVINGS



4g L-LEUCINE



HYBRID INTRA-WORKOUT WHEY HYDROLYSATE CREATINE FORMULA WITH CARBOHYDRATE MATRIX

DIETARY SUPPLEMENT Net Wt. 3.59lbs. (1.63kg)

Supplement Facts

Serving Size: 1 Scoop (68g)
Servings Per Container: 24

Amount Per Serving		% Daily Value†
Calories	190	
Calories from fat	0	
Total Fat	0g	0%
Cholesterol	15mg	5%
Total Carbohydrate	40g	13%
Dietary Fiber	0g	0%
Sugars (from Trehalose and Dextrose)	39g	**
Protein	7g	14%
Vitamin C (as ascorbic acid)	60mg	100%
Thiamin (as thiamin hydrochloride)	10mg	667%
Riboflavin (as riboflavin-5-phosphate)	7.6mg	447%
Niacin (as niacinamide)	50mg	250%
Folate (as folic acid)	200mcg	50%
Vitamin B12 (as methylcobalamin)	75mcg	1250%
Pantothenic Acid (as d-calcium pantothenate)	9mg	92%
Calcium	51mg	5%
Phosphorus	65mg	7%
Magnesium	45mg	11%
Sodium	235mg	10%

SIZEON BLEND 63g

CARBOHYDRATE ENERGY MATRIX
Trehalose, Dextrose, Cyclic Dextrin, Pterostilbene

PROTEIN SYNTHESIS ACCELERATION MATRIX
Whey Protein Hydrolysate, L-Leucine (4g), L-Isoleucine, L-Valine

PHOSPHODRIVE ENDURANCE COMPLEX
Creatine Monohydrate, Creatine MagnaPower® (Magnesium Creatine Chelate), Disodium Creatine Phosphate

OSMODRIVE ADVANCED HYDRATION COMPLEX
L-Taurine, Sodium Glycero-phosphate, Calcium Glycero-phosphate, Potassium Glycero-phosphate, Sustamine® (L-Alanyl-L-Glutamine), Magnesium Glycyl Glutamine

†Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

OTHER INGREDIENTS: Malic Acid, Citric Acid, Salt, Silica, Natural and Artificial Wildberry Punch Flavor, Beet Root Powder (Color), Sucralose, Acesulfame Potassium.
ALLERGENS: Contains ingredients from milk and soy.

DIRECTIONS: SizeOn® is meant to be taken once per day, on training days WHILE you train, 5 - 6 days per week. Mix one scoop in 20-30 ounces of cold water and sip throughout your workout. Should the need arise, add more water as necessary throughout your workout for proper hydration.

WARNING: Seek the advice of a health care practitioner before use. Not suggested for use in children under the age of 18 or in people who have been diagnosed with hypertension, kidney disease, liver disease, metabolic syndrome, diabetes, or neoplastic condition such as cancer or thalassemia. Do not use if pregnant or nursing.

KEEP OUT OF THE REACH OF CHILDREN.
STORE AT COOL, DRY PLACE.
TAMPER EVIDENT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov

SUSTAMINE®

Sustamine® is a registered trademark of KYOWA HAKKO BIO Co., Ltd.

Creatine MagnaPower is a registered trademark of Albion Laboratories, Inc., covered by U.S. Patent 6,114,379 and patents pending.
Magnesium Glycyl Glutamine covered by U.S. Patent 5,888,553 and patents pending.

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Made in the USA from domestic and international ingredients. SIZEON® is manufactured in Opa Locka, FL 33054 USA & is developed exclusively for Gaspari Nutrition® 1.732.364.3777 GASPARINUTRITION.COM

†THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Rev. 04/19

WILDBERRY PUNCH NATURALLY & ARTIFICIALLY FLAVORED

WITH MEALS | PRE | **DURING** | **POST** | BETWEEN MEALS