

PREMIUM INGREDIENTS

Folate as L-methylfolate
for fetal development*

Vitamin D as D3 for immunity*

Vitamin B12 as
methylcobalamin for energy*

Vitamins K1 & K2 as MK7
for bones*

Choline for fetal development*

Vitamin C for immunity*

Vitamin A helps build strong
bones and teeth*

Biotin helps to maintain
hair, skin, and nails*

Two Natural Flavors
Strawberry Banana and
Orange Crème

SMARTYPANTS

PRENATAL MULTI

16 ESSENTIAL NUTRIENTS



30-day
90 gummies

DIETARY
SUPPLEMENT



Directions: Adults take three (3) gummies daily, with or without food.
May be taken all at the same time or split throughout the day as desired.

Supplement Facts

Serving Size 3 Gummies
Servings Per Container 30

Amount per 3 Gummy Serving	% Daily Value
	Preg Women & Lact Women
Calories	20
Total Carbohydrate	5 g 2%†
Sugars	4 g **
Includes 4 g Added Sugars	8%†
Vitamin A (as 50% beta-carotene, retinyl palmitate USP)	520 mcg 40%
Vitamin C (as ascorbic acid USP)	48 mg 40%
Vitamin D (D-3 as cholecalciferol USP)	30 mcg (1200 IU) 200%
Vitamin E (as d-alpha-tocopherol from sunflower oil FCC)	14.3 mg 75%
Vitamin K (K-1 as phyloquinone)	24 mcg 27%
Thiamin (Vitamin B-1 as thiamine mononitrate USP)	0.14 mg 10%
Riboflavin (Vitamin B-2 USP)	0.16 mg 10%
Niacin (Vitamin B-3 as inositol niacin)	18 mg 100%
Vitamin B-6 (as pyridoxal 5-phosphate)	2 mg 100%
Folate (as L-methylfolate, calcium salt)	600 mcg DFE 100%
	(360 mcg L-methylfolate)
Vitamin B-12 (as methylcobalamin)	3.5 mcg 125%
Biotin USP	17.5 mcg 50%
Choline (as choline bitartrate USP)	55 mg 10%
Iodine (as potassium iodide USP)	290 mcg 100%
Zinc (as zinc citrate USP)	3.9 mg 30%
Selenium (as sodium selenite)	14 mcg 20%
Sodium	10 mg 0%
Inositol (as inositol niacin)	5 mg **
Vitamin K-2 (as menaquinone-7 FCC)	16 mcg **

† Percent Daily Value based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Organic Cane Sugar, Organic Tapioca Syrup, Pectin, Citric Acid, Sodium Citrate, Natural Flavors, Colors Added (Organic Black Carrot Juice Concentrate, Organic Turmeric), Organic Sunflower Oil, Organic Carnauba Wax.

FREE OF

GMOs, gelatin, synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs, soy, gluten, peanuts, tree nut allergens, fish, shellfish, and salicylates. **YAY!**

EVERY BATCH 3RD PARTY LAB TESTED

WARNING: Keep out of reach of children. Consult your health care provider before use if you have a medical condition, are on any medications, are planning a medical procedure, or are pregnant or nursing. Do not use if inner safety seal is broken. Do not exceed recommended dosage.

Do not freeze, product may darken over time.

Manufactured in California from domestic and imported ingredients.

Distributed by SmartyPants, Inc. Marina del Rey, CA 90292 USA.

For Customer Support: 1-888-751-2291, Hoot@SmartyPantsCorp.com



SmartyPantsVitamins.com/LiveBetter



This bottle is made from 100% post-consumer recycled material.



LB_WM_SPVFN90R1



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.