

WE WANT YOU TO KNOW

That every nutrient that goes into our gummies is carefully chosen based on extensive research. And just as much care goes into making them delicious.

↘ SUPERSTAR INGREDIENTS ↙

OMEGA 3 FISH OIL
FROM SMALL FISH

FOLATE AS METHYLFOLATE

VITAMIN B12 AS
METHYLCOBALAMIN

BIOTIN

BETA CAROTENE

VITAMINS K1 & K2 AS MK7

VITAMIN B6 AS P5P

NIACIN AS
INOSITOL NIACINATE

CHOLINE AS
VITACHOLINE®

3 DELICIOUS FLAVORS

LEMON CRÈME,
BLUEBERRY, and ORANGE

SMARTY PANTS®

WOMEN'S FORMULA



MULTIFUNCTION

MULTI and OMEGA 3s

vitamin D3 for IMMUNITY*

vitamin B12 for ENERGY*

CoQ10 for HEART HEALTH*

vitamin K for BONES*

180
GUMMIES

DIETARY SUPPLEMENT



Directions: For adult women, take six (6) gummies daily. May be taken with or without food.

Supplement Facts

Serving Size 6 Gummies
Servings Per Container 30

Amount per 6 Gummy Serving		% Daily Value
Calories	45	
Total Fat	0.5 g	< 1%
Cholesterol	< 5 mg	< 1%
Total Carbohydrate	9 g	3%†
Sugars	6 g	**
Includes 6 g Added Sugars		
Vitamin A (as 50% beta-carotene, retinyl palmitate USP)	270 mcg	30%
Vitamin C (as ascorbic acid USP)	45 mg	50%
Vitamin D (D-3 as cholecalciferol USP)	50 mcg (2000 IU)	250%
Vitamin E (as d-alpha-tocopherol from sunflower oil FCC)	12 mg	80%
Vitamin K (K-1 as phyloquinone USP)	24 mcg	20%
Thiamin (Vitamin B-1 as thiamine mononitrate USP)	0.12 mg	10%
Riboflavin (Vitamin B-2 USP)	0.26 mg	20%
Niacin (Vitamin B-3 as inositol niacin)	4 mg	25%
Vitamin B-6 (as pyridoxal 5-phosphate)	1.5 mg	88%
Folate (as L-methylfolate, calcium salt)	400 mcg DFE (240 mcg L-methylfolate)	100%
Vitamin B-12 (as methylcobalamin)	4 mcg	167%
Biotin USP	45 mcg	150%
Pantothenic acid (as calcium D-pantothenate USP)	3.5 mg	70%
Choline (as choline bitartrate)	55 mg	10%
Iodine (as potassium iodide USP)	150 mcg	100%
Zinc (as zinc citrate USP)	4 mg	36%
Selenium (as sodium selenite)	14 mcg	25%
Sodium	25 mg	1%
Fish Oil	510 mg	**
Total Omega-3 Fatty Acids	162 mg	**
EPA and DHA	126 mg	**
Coenzyme Q10 (as ubiquinone USP)	60 mg	**
Inositol (as inositol niacin)	1 mg	**
Vitamin K-2 (as menaquinone-7 FCC)	16 mcg	**

† Percent Daily Value based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Organic Cane Sugar, Organic Tapioca Syrup, Gelatin, Pectin, Citric Acid, Natural Flavors, Colors Added (Organic Black Carrot Juice Concentrate, Organic Turmeric), Organic Sunflower Oil, Organic Carnauba Wax.

Omega 3 Fish Oil from Sustainable Fisheries, Small Fish Only

FREE OF

synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs, soy, gluten, tree nut allergens, fish allergens, peanuts, shellfish, and salicylates. **YAY!**

EVERY BATCH 3RD PARTY LAB TESTED



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wwwSmartyPantsVitamins.com

WARNING Keep out of reach of children. Consult your health care provider before use if you have a medical condition, are on any medications, are planning a medical procedure, or are pregnant or nursing. Do not use if inner safety seal is broken. Do not exceed recommended dosage.

Do not freeze, product may darken over time.

Manufactured in California from domestic and imported ingredients.

Distributed by SmartyPants, Inc., Marina del Rey, CA 90292 USA.

For Customer Support: 1-888-751-2291

Hoot@SmartyPantsCorp.com



PROUD SUPPORTER

1•FOR•1
PARTNER

This product does not contain common GE genes or proteins. Visit igenprogram.com. VitaCholine® is a registered trademark of Balchem Corporation.



This bottle is
made from 100%
post-consumer
recycled material.



LB_SPWWF180R4



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.