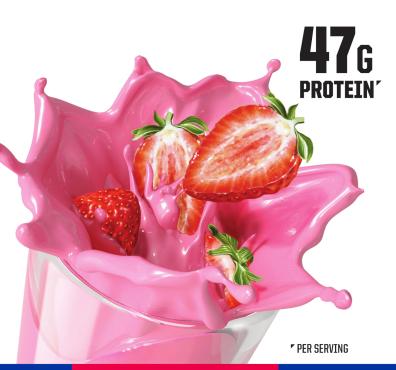
MASSIVE 12 LB BAG

MAXIMUM RESULTS.' MAXIMUM MASS.'

ADVANCED WEIGHT GAINER



- **GLYCOFUSE™ SUPERCARBS** (as HIGHLY BRANCHED CYCLIC DEXTRIN)
- 5g CREATINE MONOHYDRATE
- 1,000 CALORIES'
- INCREDIBLE TASTE
- GLUTEN FREE



STRAWBERRY MILKSHAKE Naturally & Artificially Flavored



ADVANCED WEIGHT GAINER

Building muscle mass is not a simple task. In order to develop significant size, you need to consume more calories than you burn, which can be challenging for those who are high performance athletes, bodybuilders or even regular fitness participants. The key is to retain a high level of protein, carbohydrates and fats in your diet. Adding weight-gain supplements allow you to do just that. Gaspari Nutrition's advanced weight gainer; REAL MASS® has 1,000 CALORIES with 47 GRAMS OF PROTEIN, CREATINE, BCAAS and HIGHLY BRANCHED CYCLIC DEXTRIN (as in Glyco-Fuse™). This versatile supplement can be consumed pre-workout, post-workout or as a daily meal replacement. Your choice. When it comes to putting on quality mass effectively and fast, REAL MASS is THE premium weight gainer solution.†

REAL MASS. MAXIMUM RESULTS. MAXIMUM MASS.

JUST THE FACTS

47g PROTEIN • 1.000 CALORIES

GLUTEN FREE 16G EAAs

DIGESTIVE ENZYMES NO ARTIFICIAL COLORS

TYPICAL AMINO ACID PER SERVING ESSENTIAL AMINO ACID (EAA)

Leucine*	3592 mg
Isoleucine*	2134 mg
Valine*	2081 mg

3117 mg

*Branched-Chain Amino Acids (BCAAs)

[†]AS PART OF A BALANCED DIET AND HEALTHY LIFESTYLE

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Nutrition Facts

Amount Per Serving				
Calories 1,000		(Calories from	n Fat 60
		% Daily Value		
Total Fat 7 g				10%
Saturated Fat 3	g			14%
Trans Fat 0 g				
Cholesterol 10 mg	9			3%
Sodium 420 mg				17%
Total Carbohydra	te 188 g			63%
Dietary Fiber 1	g			49
Sugars 43 g				
Protein 47 g				
Vitamin A 2%			Vitamin C	2%
Calcium 35%			Iron	29
*Percent Daily Values a Your Daily Values may			alorie needs:	2.50
Total Fat	Less than	65g		80
Sat. Fat	Less than	20g		25
Cholesterol	Less than	300mg		300m
Sodium	Less than	2,400mg		2,400m
Total Carbohydrate		300g		375
Total Sugar		25g		30
Calories per gram:				
Eat 0	Carbobydrates 4			Protein

INGREDIENTS: Carbohydrate Complex (Maltodextrin, Highly Branched Cyclic Dextrin (as in GlycoFuse™), Protein Matrix (Whey Protein Concentrate, Whey Protein Hydrolysate,Whey Protein Isolate, Micellar Casein, Milk Protein Isolate), Cocoa Nyuriyasae, winey Protein Norlae; wincelial casesii, wine Froient Norlae), Occoa Powder, Ron Dairy Graemer (Sunthwer and/or Sybean Oil, Com Syrup Solids, Sodium Caselinate, Mono & Dighvendes, Sodium Citarte, Silicon Dioxide, Sod Lecthini, Fructose, Amino Acid Complex (L-Glycine, Creatine Monohydrate, BCAA (L-Isoleucine, L-Leucine, L-Valine)), Natural and Artificial Flavor, Enzyme Blend (Amylase, Protease, Lactae), MCT Powder from Coccount, Acesulfame Potassium, Sucralose, Sea Salt, Alpha Lipoic Acid, Flax Seed Oil Powder, Citric

ALLERGEN INFORMATION: CONTAINS MILK AND SOY INGREDIENTS. NUTS, FISH AND CRUSTACEANS/SHELLFISH PRODUCTS.

NOTICE: DO NOT USE AS A SOLE SOURCE OF NUTRITION FOR WEIGHT LOSS OR MAINTENANCE. KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE.

Add 4 scoops of REAL MASS per 16 - 20 oz of liquid to a

Add 4 scoops of REAL MASS per 16 - 20 oz of liquid to a blender and mix. For a frosty shake, add a handful of ice cubes.

FOR RECIPES & MORE VISIT: GASPARINUTRITION.COM

Before training, REAL MASS is a great tasting and easyto-digest source of time released amino acids.

After a workout, REAL MASS immediately starts repairing

Use REAL MASS between meals, with meals or anytime vou want delicious protein satisfaction

NET WT. 12 LBS. (5454 G)