

## WE WANT YOU TO KNOW

That every nutrient that goes into our gummies is carefully chosen based on extensive research. And just as much care goes into making them delicious.

### ↘ SUPERSTAR INGREDIENTS ↙

OMEGA 3 FISH OIL  
FROM SMALL FISH

B12 AS METHYLCOBALAMIN

FOLATE AS METHYLFOLATE

ZINC AS ZINC CITRATE

BETA CAROTENE

LUTEIN / ZEAXANTHIN  
AS LUTEMAX® 2020

VITAMIN B6 AS P5P

CHOLINE AS  
VITACHOLINE®

VITAMINS K1 & K2 AS MK7

3 DELICIOUS FLAVORS  
LEMON LIME, CHERRY,  
and ORANGE

# SMARTY PANTS®

## TEEN GUY FORMULA



MULTIFUNCTION

MULTI and OMEGA 3s

lutein/zeaxanthin for EYE HEALTH\*

vitamin K for BONES\*

vitamin D3 for IMMUNITY\*

vitamin B12 for ENERGY\*

120  
GUMMIES

DIETARY SUPPLEMENT



**Directions:** For teenage boys, take four (4) gummies daily. May be taken with or without food.

## Supplement Facts

Serving Size 4 Gummies  
Servings Per Container 30

Amount per 4 Gummy Serving		% Daily Value
Calories	35	
Total Fat	0.5 g	< 1%
Cholesterol	< 5 mg	< 1%
Total Carbohydrate	7 g	3%†
Sugars	5 g	**
Includes 5 g Added Sugars		
		11%†
Vitamin A (as 50% beta-carotene, retinyl palmitate USP)	450 mcg	50%
Vitamin C (as ascorbic acid USP)	75 mg	83%
Vitamin D (D-3 as cholecalciferol USP)	20 mcg (800 IU)	100%
Vitamin E (as d-alpha-tocopherol from sunflower oil FCC)	15 mg	100%
Vitamin K (K-1 as phyloquinone)	24 mcg	20%
Thiamin (Vitamin B-1 as thiamine mononitrate USP)	0.12 mg	10%
Riboflavin (Vitamin B-2 USP)	0.13 mg	10%
Niacin (Vitamin B-3 as inositol niacin)	16 mg	100%
Vitamin B-6 (as pyridoxal 5-phosphate)	2.6 mg	153%
Folate (as L-methylfolate, glucosamine salt)	400 mcg DFE (240 mcg L-methylfolate)	100%
Vitamin B-12 (as methylcobalamin)	3.2 mcg	133%
Biotin USP	25 mcg	83%
Choline (as choline bitartrate USP)	55 mg	10%
Iodine (as potassium iodide)	150 mcg	100%
Zinc (as zinc citrate USP)	11 mg	100%
Selenium (as sodium selenite)	27.5 mcg	50%
Manganese (as manganese amino acid chelate)	1.1 mg	48%
Chromium (as chromium picolinate USP)	17.5 mcg	50%
Molybdenum (as molybdenum amino acid chelate FCC)	22.5 mcg	50%
Sodium	20 mg	1%
Fish Oil	300 mg	**
Total Omega-3 Fatty Acids	111 mg	**
EPA and DHA	55 mg	**
Lutemax® 2020 Marigold Flower Extract	24 mg	**
Lutein	6 mg	**
Zeaxanthin	1.2 mg	**
Inositol (as inositol niacin)	4 mg	**
Vitamin K-2 (as menaquinone-7 FCC)	12 mcg	**

† Percent Daily Value based on a 2,000 calorie diet.

\*\* Daily Value not established.

**Other Ingredients:** Organic Cane Sugar, Organic Tapioca Syrup, Pectin, Gelatin, Citric Acid, Natural Flavors, Colors Added (Organic Black Carrot Juice Concentrate, Organic Turmeric).

**Omega 3 Fish Oil from Sustainable Fisheries, Small Fish Only**

## FREE OF

synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs, soy, gluten, tree nut allergens, fish allergens, peanuts, shellfish, and salicylates. **YAY!**

EVERY BATCH 3RD PARTY LAB TESTED



@SmartyPants

[www.SmartYPantsVitamins.com](http://www.SmartYPantsVitamins.com)

**WARNING** Keep out of reach of children. Consult your health care provider before use if you have a medical condition, are on any medications, are planning a medical procedure, or are pregnant or nursing. Do not use if inner safety seal is broken. Do not exceed recommended dosage.

Do not freeze, product may darken over time.

Manufactured in California from domestic and imported ingredients.

Distributed by SmartyPants, Inc., Marina del Rey, CA 90292 USA.

For Customer Support: 1-888-751-2291

[Hoot@SmartyPantsCorp.com](mailto:Hoot@SmartyPantsCorp.com)



1•FOR•1  
PARTNER

This product does not contain common GE genes or proteins. Visit [igenprogram.com](http://igenprogram.com). VitaCholine® is a registered trademark of Balchem Corporation. Lutemax® is a registered trademark of OmniActive Health Technologies Ltd.



This bottle is  
made from 100%  
post-consumer  
recycled material.



LB\_SPVTB120\_AR2

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

