## **WE WANT YOU TO KNOW**

That every nutrient that goes into our gummies is carefully chosen based on extensive research. And just as much care goes into making them delicious.



**OMEGA 3 FISH OIL** FROM SMALL FISH **B12 AS METHYLCOBALAMIN FOLATE AS METHYLFOLATE** ZINC AS ZINC CITRATE **BETA CAROTENE** LUTEIN / ZEAXANTHIN AS LUTEMAX® 2020 VITAMIN B6 AS P5P **CHOLINE AS** VITACHOLINE® VITAMINS K1 & K2 AS MK7

> **3 DELICIOUS FLAVORS** LEMON LIME, CHERRY, and ORANGE

**SMARTY** PANTS NON





**MULTI and OMEGA 3s** lutein/zeaxanthin for EYE HEALTH\* vitamin K for BONES\* vitamin D3 for IMMUNITY\* vitamin B12 for ENERGY

**GUMMIES** 

**DIETARY SUPPLEMEN** 

**Directions:** For teenage boys, take four (4) gummies daily. May be taken with or without food.

## **Supplement Facts**

Serving Size 4 Gummies Servings Per Container About 22

Vanime Is as depha-tocophero from surflower oil PCG) Vanime KG H. as light politication Thammo (Taken IB H. as hisminis monoritate USP) Rediction (Vanime IB -1 as hisminis monoritate USP) Rediction (Vanime IB -2 uSP) Nation (Valime IB -2 as incuited incinciate) Valime IB -6 (as principate) Foliate (as Incinciate) Valime IB -1 (as inc	35 0.5 g < 5 mg 7 g 5 g 450 mcq 75 mg 20 mcq (800 IU) 15 mg 24 mcg 0.12 mg 0.13 mg 16 mg 2.6 mg 400 mcg DFE mcg L-methyllotate 3.2 mcg	
Cholesterol Total Catchydrate Sugara Includes 6 g Added Sugara Includes 6 g Added Sugara Valama A Las 50% beta cauctone, retarly pathilate USP) Valama C Las 60% beta cauctone, retarly pathilate USP) Valama C Lis 3 as cholescalcitude USP) Valama C Lis 3 as cholescalcitude USP) Valama C Lis 4 as deptocapherol from surflower of PCC) Valama C K C Lis 3 shytocapheroly Valama C Lis 4 as phytocapheroly Valama C Lis 4 as forest of the C Lis 5 as cholescalcitude Valama C Lis 4 as forest of the C Lis 5 as cholescalcitude Valama C Lis 4 as forest deptocapheroly Valama C Lis 5 as forest deptocapheroly Valama C	<5 mg 7 g 5 g 450 mcg 75 mg 20 mcg (800 IU) 15 mg 24 mcg 0.12 mg 0.13 mg 16 mg 2.6 mg 400 mcg DFE mcg L-methylflolate 3.2 mcg	< 1% 3%† 11%† 50% 83% 100% 100% 100% 100% 100% 100% 100% 10
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Sugars  Includes 5 g Added Sugars  Vitamar A las 50%-bels carotines, retiny/galmiste USP) Vitamar C las secrices and USP) Vitamar D LOS as exhescalactions usefficient USP) Vitamar D LOS as exhescalactions (USP) Vitamar D LOS as exhescalactions usefficient of PCC) Vitamar K RC 1 as glythocyatrons) Resident (Vitamar B LOS as incolor incontrol and USP) Resident (Vitamar B D LOS EVITAMAR) Re	5 g  450 mcg 75 mg 20 mcg (800 IU) 15 mg 24 mcg 0.12 mg 0.13 mg 16 mg 2.6 mg 400 mcg DFE mcg L-metriytfolate 3.2 mcg	11%† 50% 83% 100% 100% 100% 100% 100%
Includes 9 a Added Sugars Valamin A Las Side Near Carlosin, reflarly palmista USP) Valamin C Las a socrotes and USP) Valamin C Las a socrotes and USP) Valamin C Las a Added Side Carlosin Control Control Valamin E Las a Caliphia docopherol from surflower oil PCC) Valamin E Las a Caliphia docopherol from surflower oil PCC) Valamin E Las a Thaminin monocrivate USP) Relotiva I Valamin B -1 as invasion incentale) Valamin B -1 (as a richia glicia planis) Foliate I Las Investificates, glicicosamine sat) Valamin B -1 (as a richia glicia caliphia) Totalite I Las Investificates, glicicosamine sat) Valamin B -1 (as a richia glicia caliphia) Totalite I Las Investificates, glicicosamine sat) Valamin B -1 (as a richia glicia caliphia) Totalite I Las Control Valamin B -1 (as a richia glicia caliphia) Solicia USP Control (as a Control bilantina te USP) Selenciami na sodium selentite Managrarese (as managrarese amino a odd chelate)	450 mcq 75 mg 20 mcg (800 IU) 15 mg 24 mcg 0.12 mg 0.12 mg 0.13 mg 16 mg 2.6 mg 400 mcg DFE mcg L-metryltolate 3.2 mcg	11%† 50% 83% 100% 100% 100% 10% 10% 10% 10% 100%
Valamin A las SIO- bela carotiene, reflarly palmièlea USP) Valamin C las ascròtica ed USP) Valamin C Di Ja sa chice ad USP) Valamin D LO Ja sa chice ad USP) Valamin E las d'ejelis copierer for en serficiere di FCC) Valamin K FC I sa g'hytiopunnere) Thamin (Patrin B i sa treative monorièlea USP) Thamin (Patrin B i sa treative glimin (Patrin B i sa principate) Folde (patrin B i sa resulta d'inscinate) Valamin B La profession d'inscinate) Valamin B La profession d'inscinate USP) Continue profession motifie) Zinci les arricorties (USP) Setterium na socialmi selemite) Setterium na socialmi selemite Managenere (sa managenere amin a cod c'helate)	75 mg 20 mog (800 IU) 15 mg 24 meg 0.12 mg 0.13 mg 16 mg 2.6 mg 400 meg DFE mog L-methylfolate 3.2 meg	50% 83% 100% 100% 100% 100% 100%
Valamin C La a socrito and USP)  Valamin D La 3 and theologisher USP)  Valamin E La a depthe decophero from surflower of PCC)  Valamin K La a USP)  Valamin La Sa binarine monoratele USP)  Robotan (Valamin B-3 as invasion incentale)  Valamin B-1 (2 as mixed p-foolghale)  Footler (sa L-methyfloides, gliscosamine sat)  Valamin B-1 (2 as mixedy-doellamin)  Solini USP  Voltne (sa Collision bilantinate USP)  Seldenium Solini USP)  Seldenium a sodium selevielle  Valamine B-1 (2 as mixed USP)  Seldenium a sodium selevielle  Managarees (as mixed USP)  Seldenium a sodium selevielle	75 mg 20 mog (800 IU) 15 mg 24 meg 0.12 mg 0.13 mg 16 mg 2.6 mg 400 meg DFE mog L-methylfolate 3.2 meg	83% 100% 100% 20% 10% 10% 100% 153% 100%
Valumo D. (D. 2 as choicealcitivet USP)  Valumo F. (B. 4 cyler boogland from surflower of PCC)  Valumo R. (R. 4 cyler boogland from surflower of PCC)  Valumo R. (R. 4 to grip boogland)  Filodolium (Valumo B. 2 USP)  Valumo B. (P. 2 (as nethylicobilamin)  (Z40 Valumo B. 2 (as methylicobilamin)  Contine (as L. ondrip Molanta USP)  Contine (as L. office Molanta USP)  Setteralum (R. 4 uSP)  Setteralum (R. 5 uSP)  Setteralum (R. 6 uSP)	20 mag (800 IU) 15 mg 24 mag 0.12 mg 0.13 mg 16 mg 2.6 mg 400 mag DFE mag L-methyllolate 3.2 mag	100% 100% 20% 10% 10% 100% 153% 100%
Valamin E. Las d-sights-broogherot from surflower oil PCC) Valamin E. M. Las (Polytopiumos) Thaman (Mariani B-1 as thamine monostrate USP) Robotium (Valamin B-2 as insustor inceinate) Valamin B-2 as insustor inceinate) Valamin B-3 (Las insustorias) Footise (Las Indiani B-1 as insustorias) Footise (Las Indiani B-1 as insustorias) Valamin B-1 (Las Indiani B-1 as Ind	15 mg 24 mcg 0.12 mg 0.13 mg 16 mg 2.6 mg 400 mcg DFE mcg L-methyllolate 3.2 mcg	100% 20% 10% 10% 100% 153% 100%
Valamin KK-1 as phytospinnos) Thamin (Mannin E-1 as hamine monoritate USP) Rebolskin (Valamin B-1 as hamine monoritate USP) Rebolskin (Valamin B-1 as invaled micinate) Valamin B-6 (as pyridoxal 5-phosphale) Fotale (as I—methylicides, ulpicosamine est) (Z40 Valamin B-12 (as methylicides, ulpicosamine est) (Z40 Valamin B-12 (as methylicides) Goline (USP) Bother (as potassium didele) Zince (as zinc criterius USP) Setterium (as sodium selectrie) Managrarese (as managrarese amino acid chelate)	24 mcg 0.12 mg 0.13 mg 16 mg 2.6 mg 400 mcg DFE mcg L-methylfolate 3.2 mcg	20% 10% 10% 100% 153% 100%
Thaman (Mann B-1 as havine monostrate USP) Robotium (Vaman B-2 USP) Notice (Valam B-3 as insustor incinate) Vaman B-6 (as privator g-hospitale) Footies (as 1-instityficiate, glucosamine sat) Footies (as 1-instityficiate, glucosamine sat) (240 Valam B-12 (as enaby/bodilarini) Robin LSP Cholice (as 1-cholice) Dotine (as posission incide) Zero (as 200 order USP) Setterum as codium selecties Managenese (am sempanese ammi a cod chilate)	0.12 mg 0.13 mg 16 mg 2.6 mg 400 mcg DFE mcg L-methylfolate 3.2 mcg	10% 10% 100% 153% 100%
Redistant (Vitamin B as unideri nicinate) Vitamin B 6 (as pyridoxal 5-phosphale) Fotale (ss I.—rethyfridoxal 5-phosphal	0.13 mg 16 mg 2.6 mg 400 mcg DFE mcg L-methylfolate 3.2 mcg	10% 100% 153% 100%
Nation (Vitamin 8-3 as incented incentate) Vitamin 8-6 (as prividate §-priosphate) Folder (as L-methyflotiate, glucosamine sati) (240 Vatami 5-12 (as methylocolalamin) Challen (as color in the color i	16 mg 2.6 mg 400 mcg DFE mcg L-methylfolate 3.2 mcg	100% 153% 100%
Valamin B. 6 (as. pyridoxal 5-phosphae)  Fotale (as L-methyflotate, glucosamine est)  (240  Vitamin B-12 (as methyflotate)  Botin USP  Glorile (as in-choline bilantrale USP)  bother (as potassium indice)  Zinc (as zinc circlare USP)  Seterium (as sodium selentel)  Mangarenee (as mangarese amino acid chelate)	2.6 mg 400 mcg DFE mcg L-methylfolate 3.2 mcg	153% 100%
Foate (as L-methylcotale, glucosumine eat) (240 Vatamis B-12 (as methylcotalemin) (240 Vatamis B	400 mcg DFE mcg L-methylfolate 3.2 mcg	100%
Vitamin B-12 (as methyliciballerinin) Bloshir USP Bloshir USP Uschine (as choline bilantrale USP) Uschine (as plostasium cidole) Ziro, (as artic cirtate USP) Setlenium (as sodium selemini) Managranese (am snaganese amino acid chelate)	mog L-methylfolate 3.2 mcg	)
Biotin USP Choline (as choline bitartrate USP) botine (as potassium inclide) Zinc (as zinc citrate USP) Seterium (as sodium selenite) Manganese (as manganese amino acid chelate)		
Choline (as choline bitartrate USP) bothne (as potassium iodide) Ziro (as zino divited USP) Seltenium (as sodium seterinie) Manganese (as manganese amino acid chelate)		133%
lodine (as potassium iodide) Zino (as zino citrate USP) Selenium (as sodium selenite) Manganese (as manganese amino acid chelate)	25 mcg	83%
Zinc (as zinc citrate USP) Selenium (as sodium setenite) Manganese (as manganese amino acid chelate)	55 mg	10%
Selenium (as sodium selenite) Manganese (as manganese amino acid chelate)	150 mcg	100%
Manganese (as manganese amino acid chelate)	11 mg	100%
	27.5 mcg	50%
	1.1 mg	48%
Chromium (as chromium picolinate USP)	17.5 mcg	50%
Molybdenum (as molybdenum amino acid chelate FCC)	22.5 mcg	50%
Sodium	20 mg	1%
Fish Oil	300 ma	
Total Omega-3 Fatty Acids	111 mg	
EPA and DHA	111 mg 55 mg	
Lutemax® 2020 Marigold Flower Extract	24 mg	
Lutein	6 mg	
Zeaxanthin	1.2 mg	
Inositol (as inositol niacinate)		
Vitamin K-2 (as menaguinone-7 FCC)	4 mg	

Other Ingredients: Organic Cane Sugar, Organic Tapioca Syrup, Pectin, Gelatin, Citric Acid, Natural Flavors, Colors Added (Organic Black Carrot Juice Concentrate, Organic Turmeric). Omega 3 Fish Oil from Sustainable Fisheries, Small Fish Only

## FREE OF

GMOs, synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs, sov. gluten, tree nut allergens, fish allergens. peanuts, shellfish, and salicylates. YAY!

## **EVERY BATCH 3RD PARTY LAB TESTED**



WARNING Keep out of reach of children. Consult your health care provider before use if you have a medical condition, are on any medications, are planning a medical procedure, or are pregnant or nursing. Do not use if inner safety seal is broken. Do not exceed recommended dosage

Do not freeze, product may darken over time

Manufactured in California from domestic and imported ingredients.

Distributed by SmartyPants, Inc., Marina del Rey, CA 90292 USA. For Customer Support: 1-888-751-2291 Hoot@SmartyPantsCorp.com

VitaCholine® is a registered trademark of Balchem Corporation.

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This bottle is made from 100% post-consumer recycled material









\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose. treat, cure, or prevent any disease

