WE WANT YOU TO KNOW

That every nutrient that goes into our gummies is carefully chosen based on extensive research. And just as much care goes into making them delicious.



OMEGA 3 FISH OIL FROM SMALL FISH

FOLATE AS METHYLFOLATE

VITAMINS K1 & K2 AS MK7 IODINE

SELENIUM

BETA CAROTENE

VITAMIN B6 AS P5P

NIACIN AS INOSITOL NIACINATE

> **CHOLINE AS VITACHOLINE®**

3 DELICIOUS FLAVORS and STRAWBERRY BANANA

DOES NOT CONTAIN IRON

SMARTY PANTS

PRENATAL FORMULA



MULTI and **OMEGA 3s**

folate for FETAL DEVELOPMENT*

vitamin D3 for IMMUNITY*

vitamin B12 for ENERGY*

vitamin K for BONES*

DIETARY SUPPLEMEN



Directions: Adults take four (4) gummies daily, with or without food May be taken all at the same time or split throughout the day as desired.

Supplement Facts

Serving Size 4 Gummies Servings Per Container 30

Amount per 4 Gummy Serving	% [Daily Value Preg Women & Lact Women
Calories	40	
Cholesterol	< 5 mg	<1%
Total Carbohydrate	9 g	3%†
Sugars	6 g	**
Includes 6 g Added Sugars		12%†
Vitamin A (as 50% beta-carotene, retinyl palmitate USP)	520 mcg	40%
Vitamin C (as ascorbic acid USP)	48 mg	40%
Vitamin D (D-3 as cholecalciferol USP)	30 mcg (1200 IU)	200%
Vitamin E (as d-alpha-tocopherol from sunflower oil FCC)	14.3 mg	75%
Vitamin K (K-1 as phylloquinone)	24 mcg	27%
Thiamin (Vitamin B-1 as thiamine mononitrate USP)	0.14 mg	10%
Riboflavin (Vitamin B-2)	0.16 mg	10%
Niacin (Vitamin B-3 as inositol niacinate)	18 mg	100%
Vitamin B-6 (as pyridoxal 5-phosphate)	2 mg	100%
Folate (as L-methylfolate, calcium salt)	600 mcg DFE (360 mcg L-methylfolate	100%
Vitamin B-12 (as methylcobalamin)	4.7 mcg	168%
Biotin USP	17.5 mcg	50%
Choline (as choline bitartrate)	55 mg	10%
lodine (as potassium iodide USP)	290 mcg	100%
Zinc (as zinc citrate USP)	3.9 mg	30%
Selenium (as sodium selenite)	14 mcg	20%
Sodium	25 mg	1%
Fish Oil	455 mg	**
Total Omega-3 Fatty Acids	132 mg	**
EPA and DHA	114 mg	**
Inositol (as inositol niacinate)	5 mg	**
Vitamin K-2 (as menaquinone-7 FCC)	16 mcg	**

† Percent Daily Value based on a 2.000 calorie diet.

** Daily Value not established

Other Ingredients: Organic Tapioca Syrup, Organic Cane Sugar, Gelatin, Pectin. Citric Acid, Natural Flavors, Colors Added (Organic Black Carrot Juice Concentrate, Organic Turmeric), Organic Sunflower Oil, Organic Carnauba Wax

Omega 3 Fish Oil from Sustainable Fisheries, Small Fish Only

FREE OF

synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs, soy, gluten, tree nut allergens, fish allergens, peanuts, shellfish, and salicylates. YAY!

EVERY BATCH 3RD PARTY LAB TESTED



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WARNING Keep out of reach of children. Consult your health care provider before use if you have a medical condition, are on any medications, are planning a medical procedure, or are pregnant or nursing. Do not use if inner safety seal is broken. Do not exceed recommended dosage

Do not freeze, product may darken over time.

Manufactured in California from domestic and imported ingredients.

Distributed by SmartyPants, Inc., Marina del Rey, CA 90292 USA. For Customer Support: 1-888-751-2291



This product does not contain common GE genes or proteins. Visit igenprogram.com. VitaCholine® is a registered trademark of Balchem Corporation.



Hoot@SmartvPantsCorp.com

This bottle is made from 100% post-consumer recycled material







LB SPVPN120 AR2



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure. or prevent any disease.