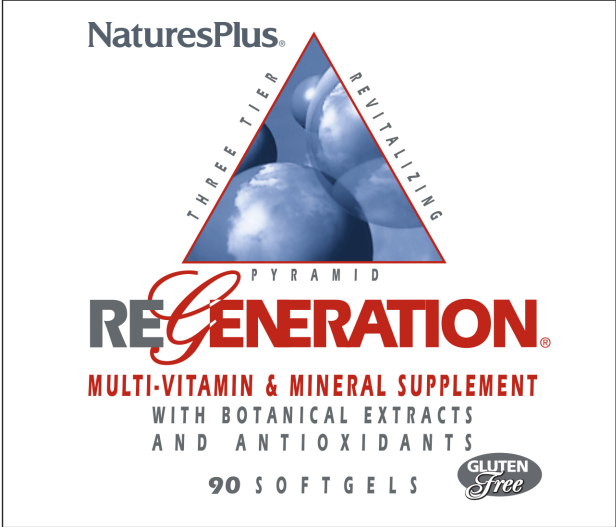




Supplement Facts

Serving Size 3 Softgels, Servings Per Container 30

	Amount Per Serving	%DV
Calories.....	20	
Calories from Fat	15	
Total Fat	1.5 g	2%**
Vitamin A (as beta carotene).....	25,000 IU	500%
Vitamin C (as ascorbic acid)	200 mg	333%
Vitamin D (as ergocalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl acetate)	200 IU	667%
Thiamin (vitamin B1) (as thiamine HCl)	50 mg	3333%
Riboflavin (vitamin B2)	50 mg	2941%
Niacin (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxine HCl).....	50 mg	2500%
Folate (as folic acid).....	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	100 mcg	1667%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium pantothenate)	100 mg	1000%
Calcium (as amino acid chelate/complex)	100 mg	10%
Iron (as amino acid chelate/complex)	4.5 mg	25%
Iodine (from kelp)	150 mcg	100%
Magnesium (as amino acid chelate/complex)....	50 mg	13%
Zinc (as amino acid chelate/complex).....	15 mg	100%
Selenium (as amino acid complex).....	20 mcg	29%
Copper (as glycinate)	1 mg	50%
Manganese (as amino acid chelate/complex)	5 mg	250%
Chromium (as polynicotinate‡)	50 mcg	42%
Molybdenum (as amino acid complex).....	20 mcg	27%
Potassium (as glycono-phosphate)	25 mg	<1%
Milk Thistle Seed (<i>Silybum marianum</i>).....	75 mg.....	†
(stand. 80% [60 mg] silymarin)		
Juniper Berry (<i>Juniperus communis</i>)	50 mg.....	†
Celery Seed 4x (<i>Apium graveolens</i>).....	50 mg.....	†
Cayenne Fruit (<i>Capsicum frutescens</i>)	50 mg.....	†
Echinacea Root (<i>Echinacea purpurea</i>)	50 mg.....	†
Bioflavonoids (from <i>Citrus limon</i> exocarp).....	50 mg.....	†
Choline (as bitartrate)	50 mg.....	†
Inositol	50 mg.....	†
Korean Ginseng Root Complex (<i>Panax ginseng</i>)	50 mg.....	†
(stand. 5% [2.5 mg] ginsenosides)		
Glucosamine Sulfate (aminomonosaccharide).....	30 mg.....	†
(from bovine cartilage or crustacean shell)		
Parsley Leaf (<i>Petroselinum crispum</i>)	27 mg.....	†
Chinese Green Tea Leaf Extract (<i>Camellia sinensis</i>)	25 mg.....	†
(stand. 40% [10 mg] polyphenols)		
Borage Seed Oil (<i>Borago officinalis</i>).....	25 mg.....	†
(stand. 25% [6.3 mg] gamma linolenic acid)		
Ginkgo Biloba Leaf (stand. 24% [2.4 mg] ginkgo- ...	10 mg.....	†
flavone glycosides, 6% [0.6 mg] terpene lactones)		
Bilberry Fruit (<i>Vaccinium myrtillus</i>)	5 mg.....	†
(stand. 25% [1.3 mg] anthocyanosides)		
Grape Seed Extract (<i>Vitis vinifera</i>)	5 mg.....	†
(stand. 95% [4.75 mg] polyphenols)		
Oleoresin Turmeric Rhizome (<i>Curcuma longa</i>)	5 mg.....	†
(stand. 90%–95% [4.5 mg–4.8 mg] curcumin)		
Vanadium (as vanadyl sulfate).....	1 mg.....	†

**Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value (DV) not established.

Other ingredients: Safflower oil, gelatin, calcium citrate, glycerin, magnesium oxide, purified water, beeswax, sunflower lecithin, natural color (caramel, annatto), selenomethionine, sunflower oil. All minerals are whole brown rice amino acid chelates.

Nutritional Support for
Natural Energy Production
and Overall Well-Being.*

Free from artificial colors and preservatives.
Free from the common allergens yeast, wheat, soy
and milk.

DIRECTIONS: As a dietary supplement, three softgels once
daily with a meal.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a
leading cause of fatal poisoning in children under 6. Keep this
product out of reach of children. In case of accidental overdose,
call a physician or poison control center immediately.

***This statement has not been evaluated by the Food and
Drug Administration. This product is not intended to
diagnose, treat, cure or prevent any disease.**

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Regeneration, an innovative advancement in multiple vitamin and miner-
al formulation, is a three-tier revitalizing pyramid. Just three power-
packed soft gelatin capsules provide a daily nutritional program, complete
with a precisely engineered profile of nutrients and highly specialized
botanical extracts.

Tier I replenishes the body's nutrient stores with a high-energy profile of
twenty-seven vitamins and minerals, including mega-potencies of beta
carotene and vitamin E. These essential factors are vital for the liberation
of energy from foods and the formation of structural components within
the body.

Tier II assists in the natural cleansing process. As toxins build up within the
body, cellular function is compromised, resulting in low energy and poor
health. Select botanical extracts such as standardized milk thistle, quadru-
ple-strength celery seed and parsley leaf concentrate are believed to sup-
port the natural cleansing and rejuvenation process.

Tier III helps support the body's natural defenses. The healthy effects of
antioxidants are well documented throughout scientific literature. Botanical
extracts such as standardized ginkgo biloba, wild grape seed extract and
Chinese green tea are believed to be the most powerful, natural antioxidants
ever discovered.

Regeneration, a three-tier revitalizing pyramid, is an unparalleled multi-
ple vitamin and mineral formulation for cellular replenishment, cleansing
and protection.



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