

## PURE SOURCE MCTs:

- **100% MCTs**†: 3 g of MCTs per serving.  
†See Supplement Facts for total fat and saturated fat content.
- Quickly digested and converted into energy for your brain and body.\*
- Helps you to feel full.\*
- Only from premium coconuts - no palm or other filler oils.
- Flavorless and odorless.
- Hexane-free.
- MCTs in a convenient softgel form.



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Green Bay, WI 54311 USA

QUESTIONS? 1-800-9NATURE / [naturesway.com](http://naturesway.com)

◆ LG12114.02 BLK9110



\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.  
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



# MCT OIL



**100% POTENCY • NO FILLER OILS**

**MEDIUM CHAIN TRIGLYCERIDES**  
**3 g PER SERVING**†

†SEE SUPPLEMENT FACTS FOR TOTAL FAT AND SATURATED FAT CONTENT.

**180 SOFTGELS** DIETARY SUPPLEMENT

**RECOMMENDATION:** Adults take 3 softgels twice daily with meals. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

## Supplement Facts

Serving Size 3 Softgels / Servings per Container 60

Amount per Serving		% DV
Calories	30	
Total Fat	3 g	4%†
Saturated Fat	3 g	15%†
Trans Fat	0 g	**
Polyunsaturated Fat	0 g	**
Monounsaturated Fat	0 g	**
Cholesterol	0 mg	0%
Protein	<1 g	1%†
Medium Chain Triglycerides	3 g	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. \*\*Daily Value not established.

**OTHER INGREDIENTS:** gelatin (softgel), glycerin, purified water

Contains tree nuts (coconut).

**KEEP OUT OF REACH OF CHILDREN.** Safety sealed for your protection. Do not use if inner freshness seal under bottle cap is broken or missing. **NO REFRIGERATION REQUIRED.** Store in a cool, dry place.