

WE WANT YOU TO KNOW

That every nutrient that goes into our gummies is carefully chosen based on extensive research. And just as much care goes into making them delicious.

↘ SUPERSTAR INGREDIENTS ↙

OMEGA 3 FISH OIL
FROM SMALL FISH

CoQ10

B12 AS METHYLCOBALAMIN

LYCOPENE

FOLATE AS METHYLFOLATE

BETA CAROTENE

VITAMINS K1 & K2 AS MK7

VITAMIN B6 AS P5P

NIACIN AS
INOSITOL NIACINATE

CHOLINE AS
VITACHOLINE®

3 DELICIOUS FLAVORS
LEMON CRÈME,
BLUEBERRY, and BLACKBERRY

SMARTY PANTS®

NON
GMO

MEN'S FORMULA



MULTIFUNCTION

MULTI and OMEGA 3s

vitamin B12 for ENERGY*

vitamin D3 for IMMUNITY*

lycopene for PROSTATE*

CoQ10 for HEART*

120
GUMMIES

DIETARY SUPPLEMENT



Directions: For adult men, take six (6) gummies daily. May be taken with or without food.

Supplement Facts

Amount per 6 Gummy Serving	% Daily Value
Calories	45
Total Fat	0.5 g < 1%
Cholesterol	< 5 mg < 1%
Total Carbohydrate	9 g 3%†
Sugars	6 g **
Includes 6 g Added Sugars 13%†	
Vitamin A (as 50% beta-carotene, retinyl palmitate USP)	270 mcg 30%
Vitamin C (as ascorbic acid USP)	45 mg 50%
Vitamin D (D-3 as cholecalciferol USP)	40 mcg (1600 IU) 200%
Vitamin E (as d-alpha-tocopherol from sunflower oil FCC)	9 mg 60%
Vitamin K (K-1 as phyloquinone)	36 mcg 30%
Thiamin (Vitamin B-1 as thiamine mononitrate USP)	0.12 mg 10%
Riboflavin (Vitamin B-2 USP)	0.26 mg 20%
Niacin (Vitamin B-3 as inositol niacin)	4 mg 25%
Vitamin B-6 (as pyridoxal 5-phosphate)	1.7 mg 100%
Folate (as L-methylfolate, calcium salt)	400 mcg DFE 100%
	(240 mcg L-methylfolate)
Vitamin B-12 (as methylcobalamin)	4 mcg 167%
Biotin USP	15 mcg 50%
Choline (as choline bitartrate USP)	12 mg 2%
Iodine (as potassium iodide USP)	150 mcg 100%
Zinc (as zinc citrate USP)	11 mg 100%
Selenium (as sodium selenite)	14 mcg 25%
Sodium	25 mg 1%
Fish Oil	510 mg **
Total Omega-3 Fatty Acids	162 mg **
EPA and DHA	126 mg **
Lycopene	8 mg **
Coenzyme Q10 (as ubiquinone USP)	60 mg **
Inositol (as inositol niacin)	1 mg **
Vitamin K-2 (as menaquinone-7 FCC)	16 mcg **

† Percent Daily Value based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Organic Cane Sugar, Organic Tapioca Syrup, Gelatin, Pectin, Citric Acid, Natural Flavors, Colors Added (Organic Black Carrot Juice Concentrate, Organic Maqui Berry Juice Concentrate, Organic Turmeric), Organic Sunflower Oil, Organic Carnauba Wax.
Omega 3 Fish Oil from Sustainable Fisheries, Small Fish Only

FREE OF

GMOs, synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs, soy, gluten, tree nut allergens, fish allergens, peanuts, shellfish, and salicylates. **YAY!**

EVERY BATCH 3RD PARTY LAB TESTED

 @SmartyPants
www.SmartyPantsVitamins.com

WARNING Keep out of reach of children. Consult your health care provider before use if you have a medical condition, are on any medications, are planning a medical procedure, or are pregnant or nursing. Do not use if inner safety seal is broken. Do not exceed recommended dosage.

Do not freeze, product may darken over time.

Manufactured in California from domestic and imported ingredients.

Distributed by SmartyPants, Inc., Marina del Rey, CA 90292 USA.

For Customer Support: 1-888-751-2291
Hoot@SmartyPantsCorp.com



VitaCholine® is a registered trademark of Balchem Corporation.



This bottle is made from 100% post-consumer recycled material.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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