Nutritional Support for Natural Energy Production and Overall Well-Being.*

Free from artificial colors and preservatives.
Free from the common allergens yeast, wheat, soy and milk.

Mineral aminoates are whole brown rice chelates.

DIRECTIONS: As a dietary supplement, chew two wafers once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured with LOVE ♥ by

Natural Organics Laboratories, Inc.
makers of Natures Plus

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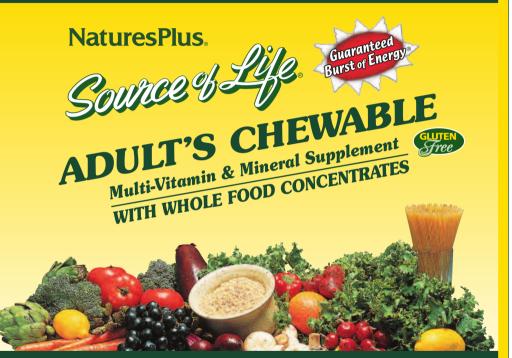
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PRODUCT NO. 3086



ENERGY ON THE GO! •



Delicious Apple Cinnamon Flavor Vegetarian • Hypo-Allergenic • **90 Wafers**

Supplement Facts

Serving Size 2 Wafers Servings Per Container 45

Amount P	er Serving		%DV
Calories Otal Carbohydrate Sugars	10 g		3%**
/itamin A (as beta carotene)			100%
/itamin C (as ascorbic acid)	300 mg		500%
/itamin D3 (as cholecalciferol)	1000 IŬ		250%
/itamin E (as d-alpha tocopheryl succinate)	100 IU		333%
/itamin K2 (as menaquinone-4, menaquinone-7)	80 mcg		100%
Thiamin (vitamin B1) (as thiamine HCI)	25 mg		1667%
Riboflavin (vitamin B2)	25 mg		1471%
Viacin (as niacinamide)	25 mg		125%
/itamin B6 (as pyridoxine HCI)	25 mg		1250%
olate (as calcium-L-5-methyltetrahydrofolate)	400 mcg		100%
/itamin B12 (as methylcobalamin)	1000 mcg		16,667%
Biotin	100 mcg		33%
Pantothenic Acid (as calcium pantothenate)	25 mg		250%
Calcium (as aminoate complex)	100 mg		10%
ron (as aminoate complex)			25%
odine (from kelp)			100%
Magnesium (as aminoate complex)			13%
Zinc (as aminoate complex)			67%
Selenium (as aminoate complex)			29%
Copper (as aminoate complex)			50%
Manganese (as aminoate complex)	5 mg		250%
Chromium (as picolinate)			21%
Molybdenum (as aminoate complex)			50%
Potassium (as aminoate complex)	13 mg		<1%
Nutrient Base (spirulina, ginseng [Panax ginseng root], octacosanol)	350 mg		t
Enzyme Complex (bromelain [from pineapple fruit], papain [from			†
papaya fruit], betaine HCI, apple pectin, amylase [from Aspergillus oryzae fermentation], lipase [from Rhizopus oryzae fermentation]]			
ipid Complex (black currant fruit, sunflower oil)			†
nositol			†
Bioflavonoid Complex (standardized to [9.6 mg] flavanones,	20 ma		
[0.4 mg] flavanols, flavones and related phenolic compounds, hesperidin [from <i>Citrus</i> spp. whole fruit], quercetin and rutin [from <i>Dimorphandra mollis</i> and <i>Sophora japonica</i>])			
Choline (as bitartrate)	15 mg		†
PABA (para-aminobenzoic acid)			†
Plant Pigment Complex (chlorophyll [from spirulina], carotenoids)			†
*Percent Daily Values are based on a 2 000 calorie diet _ +Daily Value (DV) not established			

^{**}Percent Daily Values are based on a 2,000 calorie diet. †Daily Value (DV) not established.

Other ingredients: Fructose, guar gum, calcium carbonate, natural apple flavor, stearic acid, magnesium oxide, natural color (curcumin), magnesium stearate, silica, cinnamon, potassium iodide, natural vanilla flavor, microcrystalline cellulose, astragalus root, ligustrum berry, schisandra fruit, Echinacea angustifolia root, Irish moss (Chondrus crispus), thyme leaf and rice bran.