

## WE WANT YOU TO KNOW

That every nutrient that goes into our gummies is carefully chosen based on extensive research. And just as much care goes into making them delicious.

### ↘ SUPERSTAR INGREDIENTS ↙

PREBIOTIC FIBER

OMEGA 3 FISH OIL  
FROM SMALL FISH

FOLATE AS METHYLFOLATE

B12 AS METHYLCOBALAMIN

ZINC AS ZINC CITRATE

VITAMINS K1 & K2 AS MK7

VITAMIN B6 AS P5P

BETA CAROTENE

CHOLINE AS  
VITACHOLINE®

3 DELICIOUS FLAVORS  
STRAWBERRY BANANA,  
ORANGE, and LEMON

# SMARTY PANTS®

NON  
GMO

KIDS  
FORMULA  
and FIBER



MULTI and OMEGA 3s  
fiber for DIGESTION\*  
vitamin D3 for IMMUNITY\*  
vitamin K for BONES\*

90 GUMMIES DIETARY SUPPLEMENT



**Directions:** For children 4 years of age and older, take two (2) gummies daily for the first week, four (4) gummies daily thereafter. May be taken with or without food. Chew each gummy thoroughly.

## Supplement Facts

Serving Size 4 Gummies

Servings Per Container About 22

| Amount per 4 Gummy Serving                              |                                         | % Daily Value |
|---------------------------------------------------------|-----------------------------------------|---------------|
| Calories                                                | 20                                      |               |
| Total Carbohydrate                                      | 7 g                                     | 2%†           |
| Dietary Fiber                                           | 4 g                                     | 15%†          |
| Soluble Fiber                                           | 4 g                                     | **            |
| Sugars                                                  | 2 g                                     | **            |
| Includes 0 g Added Sugars                               |                                         |               |
| Vitamin A (as 50% beta-carotene, retinyl palmitate USP) | 180 mcg                                 | 20%           |
| Vitamin C (as ascorbic acid USP)                        | 45 mg                                   | 50%           |
| Vitamin D (D-3 as cholecalciferol USP)                  | 20 mcg (800 IU)                         | 100%          |
| Vitamin E (as d-alpha-tocopherol from sunflower oil)    | 6.6 mg                                  | 44%           |
| Vitamin K (K-1 as phyloquinone)                         | 12 mcg                                  | 10%           |
| Thiamin (Vitamin B-1 as thiamine mononitrate USP)       | 0.1 mg                                  | 8%            |
| Riboflavin (Vitamin B-2)                                | 0.16 mg                                 | 12%           |
| Vitamin B-6 (as pyridoxal 5-phosphate)                  | 1 mg                                    | 59%           |
| Folate (as L-methylfolate, calcium salt)                | 250 mcg DFE<br>(150 mcg L-methylfolate) | 63%           |
| Vitamin B-12 (as methylcobalamin)                       | 2.4 mcg                                 | 100%          |
| Biotin USP                                              | 16 mcg                                  | 53%           |
| Pantothenic acid (as calcium D-pantothenate USP)        | 0.375 mg                                | 8%            |
| Choline (as choline bitartrate)                         | 12 mg                                   | 2%            |
| Iodine (as potassium iodide USP)                        | 90 mcg                                  | 60%           |
| Zinc (as zinc citrate USP)                              | 1.6 mg                                  | 15%           |
| Sodium                                                  | 20 mg                                   | 1%            |
| Fish Oil                                                | 340 mg                                  | **            |
| Total Omega-3 Fatty Acids                               | 100 mg                                  | **            |
| EPA and DHA                                             | 100 mg                                  | **            |
| Inositol FCC                                            | 2 mg                                    | **            |
| Vitamin K-2 (as menaquinone-7)                          | 8 mcg                                   | **            |

† Percent Daily Value based on a 2,000 calorie diet.

\*\* Daily Value not established.

**Other Ingredients:** Inulin (Chicory Root Fiber), Gelatin, Pectin, Citric Acid, Natural Flavors, Colors Added (Organic Black Carrot Juice Concentrate, Organic Turmeric), Organic Sunflower Oil, Organic Carnauba Wax, Lo Han Fruit Concentrate.  
**Omega 3 Fish Oil from Sustainable Fisheries, Small Fish Only**

## FREE OF

GMOs, synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs, soy, gluten, tree nut allergens, fish allergens, peanuts, shellfish, and salicylates. **YAY!**

EVERY BATCH 3RD PARTY LAB TESTED



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[www.SmartyPantsVitamins.com](http://www.SmartyPantsVitamins.com)

**WARNING** Keep out of reach of children. Consult your health care provider before use if you have a medical condition, are on any medications, are planning a medical procedure, or are pregnant or nursing. Do not use if inner safety seal is broken. Do not exceed recommended dosage.

Do not freeze, product may darken over time.

Manufactured in California from domestic and imported ingredients.

Distributed by SmartyPants, Inc., Marina del Rey, CA 90292 USA.

For Customer Support: 1-888-751-2291

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VitaCholine® is a registered trademark of Balchem Corporation.



vitamin angels®  
PROUD SUPPORTER

1•FOR•1  
PARTNER



This bottle is  
made from 100%  
post-consumer  
recycled material.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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