

## WE WANT YOU TO KNOW

That every nutrient that goes into our gummies is carefully chosen based on extensive research. And just as much care goes into making them delicious.

### ↘ SUPERSTAR INGREDIENTS ↙

OMEGA 3 FISH OIL  
FROM SMALL FISH

ZINC AS ZINC CITRATE

FOLATE AS METHYLFOLATE

VITAMIN B12  
AS METHYLCOBALAMIN

VITAMINS K1 & K2 AS MK7

VITAMIN B6 AS P5P

BETA CAROTENE

CHOLINE AS  
VITACHOLINE®

3 DELICIOUS FLAVORS  
STRAWBERRY BANANA,  
ORANGE, and LEMON

# SMARTY PANTS®

NON  
GMO



MULTI and OMEGA 3s  
vitamin D3 for IMMUNITY\*  
vitamin K for BONES\*

90 GUMMIES DIETARY SUPPLEMENT



**Directions:** For children 4 years of age and older, take four (4) gummies daily. May be taken with or without food. Chew each gummy thoroughly.

## Supplement Facts

Serving Size 4 Gummies  
Servings Per Container About 22

Amount per 4 Gummy Serving		% Daily Value
Calories	35	
Cholesterol	< 5 mg	< 1%
Total Carbohydrate	7 g	3%†
Sugars	5 g	**
Includes 5 g Added Sugars		
Vitamin A (as 50% beta-carotene, retinyl palmitate USP)	180 mcg	20%
Vitamin C (as ascorbic acid USP)	45 mg	50%
Vitamin D (D-3 as cholecalciferol USP)	20 mcg (800 IU)	100%
Vitamin E (as d-alpha-tocopherol from sunflower oil)	6.6 mg	44%
Vitamin K (K-1 as phyloquinone)	12 mcg	10%
Thiamin (Vitamin B-1 as thiamine mononitrate USP)	0.1 mg	8%
Riboflavin (Vitamin B-2)	0.16 mg	12%
Vitamin B-6 (as pyridoxal 5-phosphate)	1 mg	59%
Folate (as L-methylfolate, calcium salt)	250 mcg DFE (150 mcg L-methylfolate)	63%
Vitamin B-12 (as methylcobalamin)	2.4 mcg	100%
Biotin USP	16 mcg	53%
Pantothenic acid (as calcium D-pantothenate USP)	0.375 mg	8%
Choline (as choline bitartrate)	12 mg	2%
Iodine (as potassium iodide USP)	90 mcg	60%
Zinc (as zinc citrate USP)	1.6 mg	15%
Sodium	15 mg	1%
Fish Oil	340 mg	**
Total Omega-3 Fatty Acids	100 mg	**
EPA and DHA	100 mg	**
Inositol FCC	2 mg	**
Vitamin K-2 (as menaquinone-7)	8 mcg	**

† Percent Daily Value based on a 2,000 calorie diet.  
\*\* Daily Value not established.

**Other Ingredients:** Organic Cane Sugar, Organic Tapioca Syrup, Gelatin, Pectin, Citric Acid, Natural Flavors, Colors Added (Organic Black Carrot Juice Concentrate, Organic Turmeric).

**Omega 3 Fish Oil from Sustainable Fisheries, Small Fish Only**

## FREE OF

GMOs, synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs, soy, gluten, tree nut allergens, fish allergens, peanuts, shellfish, and salicylates. **YAY!**

EVERY BATCH 3RD PARTY LAB TESTED

 @SmartyPants  
[wwwSmartyPantsVitamins.com](http://wwwSmartyPantsVitamins.com)

**WARNING** Keep out of reach of children. Consult your health care provider before use if you have a medical condition, are on any medications, are planning a medical procedure, or are pregnant or nursing. Do not use if inner safety seal is broken. Do not exceed recommended dosage.

Do not freeze, product may darken over time.

Manufactured in California from domestic and imported ingredients.

Distributed by SmartyPants, Inc., Marina del Rey, CA 90292 USA.

For Customer Support: 1-888-751-2291  
Hoot@SmartyPantsCorp.com



VitaCholine® is a registered trademark of Balchem Corporation.



This bottle is made from 100% post-consumer recycled material.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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