

NaturesPlus®

FOR MEN ONLY

MEGA FORCE®

**Dietary Supplement for
Weight Lifters and Athletes**

90 Tablets



Supplement Facts

Serving Size 3 Tablets, Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving
Vitamin A (as beta carotene)	25,000 IU . . . 500%	Raw Desiccated 500 mg†
Vitamin C	1000 mg . . 1667%	Liver Concentrate
(as ascorbic acid)		Lecithin (from soy) 200 mg†
Vitamin D (as ergocalciferol)	400 IU . . . 100%	Choline (as bitartrate) 100 mg†
Vitamin E (as d-alpha	150 IU . . . 500%	Inositol 100 mg†
tocopheryl succinate)		PABA 60 mg†
Thiamin (as thiamine HCl)	60 mg . . 4000%	(para-aminobenzoic acid)
Riboflavin (vitamin B2)	60 mg . . 3529%	Ginseng (Korean) 50 mg†
Niacin (as niacinamide)	75 mg . . 375%	Bee Pollen 50 mg†
Vitamin B6 (as pyridoxine HCl)	75 mg . . 3750%	L-Cysteine 50 mg†
Folate (as calcium-L-5-	400 mcg . . . 100%	(free form amino acid)
methyltetrahydrofolate)		L-Ornithine 50 mg†
Vitamin B12	100 mcg . . 1667%	(free form amino acid)
(as methylcobalamin)		L-Methionine 30 mg†
Biotin	125 mcg . . . 42%	(free form amino acid)
Pantothenic Acid	100 mg . . 1000%	Raw Adrenal Concentrate 30 mg†
(as calcium pantothenate)		Raw Pituitary Concentrate 30 mg†
Calcium (as citrate)	25 mg 3%	Raw Prostate Concentrate 20 mg†
Iron (as amino acid chelate/complex)	4 mg 22%	Raw Orchic Concentrate 20 mg†
Iodine (from kelp, potassium iodide)	50 mcg . . . 33%	Raw Pancreas Concentrate 10 mg†
Magnesium (as aspartate/complex)	12.5 mg 3%	Raw Spleen Concentrate 10 mg†
Zinc (as amino acid chelate/complex)	5 mg 33%	Raw Thymus Concentrate 10 mg†
Selenium (as amino acid complex)	20 mcg . . . 29%	L-Glutathione 5 mg†
Manganese (as ascorbate)	10 mg . . . 500%	Octacosanol 30 mcg†
Chromium	100 mcg . . . 83%	
(as amino acid chelate)		
Potassium (as ascorbate/complex)	90 mg 3%	

†Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, di-calcium phosphate, potassium amino acid chelate, stearic acid, vegetable cellulose, silica, manganese aminoate, magnesium oxide, magnesium stearate, ferrous fumarate, zinc sulfate, calcium caseinate (from milk), egg albumin, isolated soy protein and pharmaceutical glaze.

*Nutritional Support for
Natural Energy Production
and Overall Well-Being.**

Free from artificial colors and preservatives.

DIRECTIONS: As a dietary supplement for men only, three tablets once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: This product is not recommended for women.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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makers of **Nature's Plus**
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