

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

GNC.com
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA



GNC

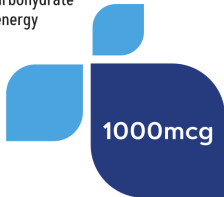
Vitamin B-12

TIMED-RELEASE

Essential for carbohydrate
metabolism & energy
production*

Required for
red blood cell
formation*

90 VEGETARIAN CAPLETS
90-DAY SUPPLY



DIETARY SUPPLEMENT

CODE 016925

CUG

DIRECTIONS: As a dietary supplement, take one caplet daily.

Supplement Facts

Serving Size One Caplet

Amount Per Serving	% Daily Value	
Vitamin B-12 (as Cyanocobalamin)	1000 mcg	41667%
Calcium	220 mg	17%

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Hydrogenated Vegetable Oil, Calcium Carbonate, Silicon Dioxide, Magnesium Stearate Vegetable Source, Carnauba Wax, Vegetable Acetoglycerides, Polyethylene Glycol, Calcium Silicate, Polysorbate 80, Rice Bran Powder (*Oryza sativa*).

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Potency verified by GNC procedure #5037.

Conforms to USP <2091> for weight.

No Sugar, No Artificial Colors, No Artificial Flavors, No Preservatives, Sodium Free, No Wheat, Gluten Free, No Dairy.

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GLUTEN FREE

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: