

DOUBLE THE LEUCINE FOR DOUBLE THE MUSCLE*

56G PROTEIN*
100% PURE WHEY ISOLATE

FAST-ACTING
PERFECT FOR POSTWORKOUT

LACTOSE FREE

"DOUBLE THE LEUCINE
FOR DOUBLE THE MUSCLE"

OPTIMIZE RECOVERY
MUSCLE GROWTH AND REPAIR*

GLUTEN-FREE

16G BCAAs†
50% MORE THAN OTHER WHEYS
THAT USE TWO SCOOPS

HIGHEST PURITY
PURE WHEY ISOLATE & NO FILLERS

LOW SODIUM

56G
PROTEIN

16G
BCAAs

NO
SUGAR ADDED

1G
NET CARBS

GF
GLUTEN FREE

#1
TASTING

Post-Workout Perfection

ISO-ology is engineered to be the perfect post-workout protein because of its double-dose of Leucine and its rapid absorption. After an intense workout there's a critical 45 minute window of opportunity available in which to consume nutrients vital for maximum recovery and optimum strength gains. Once ingested, ISO-ology's free-form Leucine first kicks in and begins stimulating muscle repair. Then within only 30 minutes your body digests the rest of ISO-ology, triggering all of the crucial muscle building processes that make this the ultimate post-workout protein!

Double the Leucine for Double the Muscle

Leucine is the single most important amino acid for muscle synthesis and accelerated recovery. Gram for gram & scoop for scoop, ISO-ology has twice as much Leucine compared to other whey powders, which may amplify new muscle growth by two-fold or even more (see chart).^{2,3}

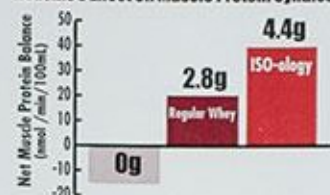
Why is Leucine so important? Physiologists and nutritionists have pinpointed Leucine as directly responsible for triggering the mTOR muscle synthesis cascade and signalling all muscle cells to begin absorbing protein and other nutrients required for repair & growth.

Clean Label: No Proprietary Blend

Many companies tout the inclusion of additional BCAAs in their proteins, yet they intentionally obscure the minimal dosages in a deceiving "proprietary blend." There is, however, a simple test to check if you are receiving an efficacious amount of additional amino acids: Can you visually see the added Leucine & BCAAs? Free-form Leucine always appears as shiny, highly visible specks, especially in darker-colored and chocolate-flavored proteins. Simply put, if you cannot see the added Leucine there's not enough for it to make a difference in your performance.

We also only use premium vegetable-derived L-Leucine as opposed to the more common and inferior grades produced from animal feathers and other animal byproducts.

Leucine's Effect on Muscle Protein Synthesis^{2,3}



Branched-Chain Amino Acid Profile

	1 scoop	2 scoops
Leucine	5000mg	10,000mg
Isoleucine	1600mg	3200mg
Valine	1400mg	2800mg
Total	8000mg	16,000mg

"It's hard to believe something so decadent and delicious can be 6000 for you. I don't even know how to describe it! Luscious? Delicious? Rich? It's not overly sweet either, which I like. It's perfect."

Check us out online for delicious recipes, new products & more!

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
† Net Carbs = Total Carbohydrate less Digestible Sugars
References: ¹ J. Endocrinol. Invest. 2004 March; 26(3): 227-232. ² J. Intern. Med. 2003 Jan; 254: 276-88. ³ Am. J. Physiol. 1999 Apr; 276: R528-38.

body
nutrition

2x Active Leucine Trigger
"Double the Leucine for Double the Muscle"

56g Total Protein
Per 2 Scoops

Rapid Absorption

ISO-ology™

LEUCINE ENHANCED WHEY ISOLATE



Recovery
Post-Workout

Pure Isolate

100%

Gluten Free

NET WT 2LBS (907g)
PROTEIN SUPPLEMENT

SUGGESTED USAGE: Add 1 scoop (34g) ISO-ology to 8oz of cold water or another beverage (milk, almond milk, etc). Shake or blend until creamy. May also be used to cook with (recipes available at bodynutrition.com).

Supplement Facts

Serving Size 1 Level Scoop (34g)
Servings Per Container 27

	Amount Per Serving	% Daily Value
Calories	120	
Calories from Fat	5	
Total Fat	0.5 g	1%*
Saturated Fat	0 g	0%*
Cholesterol	<5 mg	1%*
Total Carbohydrate	2 g	1%*
Dietary Fiber	0 g	0%*
Sugars	0 g	
Protein	28 g	55%*
Calcium	120 mg	12%
Sodium	40 mg	2%
Potassium	140 mg	4%
LEUCINE ANABOLIC TRIGGER	5000 mg	**
Leucine Peptides (2750 mg), L-Leucine (2250 mg)		
DIGESTIVE ENZYMES	100 mg	**
Peptidase Proteolytic Enzymes		

* Percent Daily Values are based on a 2,000 calorie diet.
** Percent Daily Values are not established.

INGREDIENTS: Nonthermally-Processed Nanofiltered Whey Protein Isolate, L-Leucine (Vegetable-Derived), Natural & Artificial Flavors, Cinnamon, Protease Enzymes, Carrageenan Gum, Xanthan Gum, Guar Gum, Sucralose, Acesulfame Potassium, Soy Lecithin

ALLERGEN WARNING: Contains Milk, Egg & Soy Ingredients.

MANUFACTURED BY Body Nutrition
Lafayette LA 70507 337-237-8040

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US3008546221

cGMP BANNED SUBSTANCE FREE

