

Recharge Your Life – Step Up To The Gold!

NaturesPlus®

Source of Life® GOLD



**Guaranteed
Burst of Energy®**

**The Ultimate Multi-Vitamin Supplement
with Concentrated Whole Foods**

**With Açai, Resveratrol, Vit. D3, Vit. K2,
CoQ10 and Over 120 Whole Foods!**

Delicious Tropical Fruit Flavor

**GLUTEN
Free**

Vegetarian • Hypo-Allergenic • 90 Tablets

Nutritional Support for Free Radical Defense, Natural Energy Production and Overall Well-Being.*

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.

DIRECTIONS: As a dietary supplement, three tablets once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories	35
Total Carbohydrate	11 g 4%
Sugars	0 g †
Xylitol	9 g †
Protein	0.5 g
Vitamin A (as beta carotene; from <i>Blakeslea trispora</i> , spirulina and <i>Dunaliella salina</i> : Potentiated by zeaxanthin, lutein, lycopene, xanthophylls)	15,000 IU 300%
Vitamin C (as ascorbic acid; esterified C [ascorbyl palmitate]; naturally occurring from Organic Gold Standard††)	1010 mg 1683%
Vitamin D3 (as cholecalciferol)	1000 IU 250%
Vitamin E (as d-alpha tocopheryl acetate)	250 IU 833%
Vitamin K2 (as menaquinone-4 and menaquinone-7)	100 mcg 125%
Thiamin (as thiamine HCl; naturally occurring from Organic Gold Standard††)	30 mg 2000%
Riboflavin (as riboflavin; naturally occurring from Organic Gold Standard††)	30 mg 1764%
Niacin (as niacinamide; naturally occurring from Organic Gold Standard††)	30 mg 150%
Vitamin B6 (as pyridoxine HCl; naturally occurring from Organic Gold Standard††)	30 mg 1500%
Folate (as calcium-L-5-methyltetrahydrofolate; naturally occurring from Organic Gold Standard††)	425 mcg 106%
Vitamin B12 (as methylcobalamin)	1000 mcg 16,667%
Biotin	300 mcg 100%
Pantothenic Acid (as calcium pantothenate; naturally occurring from Organic Gold Standard††)	30 mg 300%
Calcium (as citrate, organic chelates from <i>Spirulina platensis</i> , di-calcium phosphate and from whole foods)	200 mg 20%
Iodine (from kelp, potassium iodide)	150 mcg 100%
Magnesium (as whole brown rice amino acid chelate, complex)	125 mg 31%
Zinc (as whole brown rice amino acid chelate, picolinate)	15 mg 100%
Selenium (as whole brown rice amino acid chelate)	70 mcg 100%
Copper (chlorophyll; as whole brown rice amino acid chelate)	3 mg 150%
Manganese (as whole brown rice amino acid chelate, complex)	4 mg 200%
Chromium (as polynicotinate)	120 mcg 100%
Molybdenum (as sodium molybdate)	90 mcg 120%
Potassium (as whole brown rice amino acid chelate, complex; naturally occurring from spirulina)	60 mg 2%

Whole Food PhytoAlgae & Organic Mushroom Blend†† 800 mg†
Proprietary complex of fucaea (*Ascyphyllum nodosum*), laminaria brown algae (*Laminaria digitata*), Irish moss (*Chondrus crispus*), dulce (*Palmaria palmata*), red seaweed (*Lithothamnium calcareum*), spirulina algae (*Spirulina platensis*), bladderwrack (*Fucus vesiculosus*), hijiki (*Sargassum fusiforme*), wakame (*Ulmaria esculenta*), nori (*Porphyra yezoensis*), kombu (*Laminaria setchellii*); mushrooms: Wood ear, Cordysim™ (*Bionectria ochroleuca*), maitake, shiitake, oyster mushroom, white wood ear, chlorophyll (from spirulina and copper chlorophyllin) from concentrate

Multi Color Whole Food Blend†† 725 mg†
††Organic Gold Standard Whole Food Complex – Guava (*Psidium guajava*), holy basil (*Ocimum tenuiflorum*), lemon, acerola (*Malpighia glabra*) fruit (standardized naturally occurring B complex and vitamin C)

Energizing and Cleansing Green Whole Food Blend (30 mg)
Cooked whole brown rice, spirulina, fructooligosaccharides (FOS), camu-camu, beet greens, cabbage, parsley, celery seed, papaya, broccoli, spinach, pea, milk thistle, Chinese green tea leaf (decaffeinated), turmeric, Korean ginseng, astragalus, *Echinacea purpurea*, green coffee bean, thyme, ligustrum berry, rice bran, chlorella, olive, cucumber, juniper berry

Strength and Endurance White Whole Food Blend (120 mg)
Sage, konjac root fiber, acacia, date, banana, potato, horseradish, white tea, *Phaseolus vulgaris* bean, artichoke, parsnip, turnip, cauliflower, ginger, chia, chicory root, garlic, onion, lemon, citric pectin, bamboo (*Bambusa vulgaris* stem), shiitake mushroom

††For details, visit www.naturesplus.com.

Other ingredients: VitaSweet® (xylitol, agave nectar, fruit juice concentrate, luo han guo fruit extract), magnesium oxide, zinc sulfate, zinc picolinate, manganese sulfate, maltodextrin, guar gum, vegetable cellulose, natural flavors, magnesium stearate, silica and stearic acid.

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Amount Per Serving

Defense and Repair Yellow Whole Food Blend (115 mg)
Carrot, mango, grapefruit, apple cider vinegar, pear, honeydew melon, pineapple, yellow squash, kiwi, sunflower seed, oregano leaf, pumpkin, fennel seed, annatto seed, clove, hops, rosemary, tangerine, lemon-grass, marigold flower, watercress, cinnamon, flax, guava

Brain Support Blue Whole Food Blend (55 mg)
Black currant extract, blueberry, blackberry, elderberry, lingonberry, agave, plum, cherry, purple fig, passion fruit, kale, rhubarb root, acerola, beet, hibiscus, pomegranate extract, wolfberry (goji), açai, grape seed extract, carob, prune, rose hips

Anti-Aging Red Whole Food Blend (65 mg)
Nori, mangosteen, apple, apricot, cranberry, orange, peach, red raspberry, gooseberry, strawberry, tomato, lycopene, red grape, red wine (alcohol-free), black raspberry, bilberry, nopal cactus, purple carrot, schisandra, fenugreek, watermelon

Amino Acids (from spirulina, Whole Food PhytoAlgae, chia . . . 510 mg† and mineral aminoates) (isoleucine, histidine, leucine, arginine, lysine, aspartic acid, methionine, serine, cysteine, glutamic acid, threonine, proline, phenylalanine, glycine, tryptophan, alanine, valine, tyrosine, glutamine, aspartate)

Whole Food Omega Fatty Acid & Prebiotic Fiber Blend – 200 mg† supplying 25 mg of Omega-3, Omega-9, and other healthful fatty acids (from chia, spirulina, sunflower seed, black currant and borage)

Enzyme Blend: Bromelain (from pineapple fruit) (80 gelatin digesting units), amylase, lipase, papain (from papaya fruit), betaine HCl, lactase, protease, cellulase, **Acti-Zyme®** (cellulase, pectinase, hemicellulase and xylanase)

Anti-Aging Blend: Alpha-lipoic acid, R-lipoic acid, MSM, . . . 50 mg† glutathione, NAC, turmeric (std. curcumin), grape (*Vitis vinifera*) seed extract (std. proanthocyanidins)

Trans-Resveratrol (from standardized extracts of . . . 50 mg† *Polygonum cuspidatum* root, grape seed [*Vitis vinifera*], red wine concentrate [alcohol free] [*Vitis vinifera* fruit])

Coenzyme Q10 (pharmaceutical grade) . . . 50 mg†
Inositol . . . 50 mg†

Bioflavonoid Complex (from *Citrus* spp.) (active flavonols, flavonones, flavones & naringin) **30 mg†**; **Whole Food Fiber Complex:** Apple pectin, arabinogalactan, modified citrus pectin, soluble vegetable oligosaccharides, flax **30 mg†**, choline (as bitartrate) **30 mg†**, Korean ginseng root (*Panax ginseng*) **25 mg†**, PABA (para-aminobenzoic acid) **25 mg†**, RNA (ribonucleic acid) (from spirulina), quercetin (from *Dimorphandra mollis*) **10 mg†**, Trace Mineral Complex (soluble prehistoric plant-based minerals and rare earth elements) **10 mg†**, DNA (deoxyribonucleic acid) (from spirulina), chlorophyll (from spirulina) **7.5 mg†**, rutin (from *Sophora japonica* leaf) **5 mg†**, Hesperidin complex (from *Citrus* spp.) **5 mg†**, carotenoids (from whole foods) **4 mg†**, lutein (from marigold) **3 mg†**, lycopene **2.5 mg†**

Full Spectrum Probiotic Blend (28 million viable cells . . . 2 mg† at time of manufacture) – supplying *Lactobacillus acidophilus*, FOS (fructooligosaccharides), *L. plantarum*, *L. casei*, *L. bulgaricus*, *L. brevis*, *L. rhamnosus*, *L. lactis*, *Bifidobacterium lactis*, *B. bifidum*, *L. sporogenes* (*B. coagulans*), *Streptococcus thermophilus*

Boron (as citrate) . . . 1 mg†
Octacosanol . . . 200 mg†

Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

†† See Multi Color Whole Food Blend.

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