Recommended Use: As a dietary supplement, take 1 softgel with 8-12 oz of water, or as directed by your physician.

Warning: Consult your physician prior to use if you are pregnant or nursing. Do not exceed recommended use. Keep out of reach of children. Do not use if safety seal is broken.

Notice: Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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## **Vitamin D3**

10,000<sub>IU</sub>

per serving

**240** softgels

240 servings

## Supplement Facts

Serving Size: 1 Softgel Servings Per Container: 240

Amount Per Serving % DV
Wamin D3 (as cholecalciferol) 250mcg (10,000 IU) 1,250%

Other ingredients: Safflower seed oil, softgel capsule gelatin, glycerin, purified water).





