

Recommended Use: As a dietary supplement, take 1 capsule with 8-12 oz of water, or as directed by your physician.

Warning: Consult your physician prior to use if you are pregnant or nursing. Do not exceed recommended use. Keep out of reach of children. Do not use if safety seal is broken.

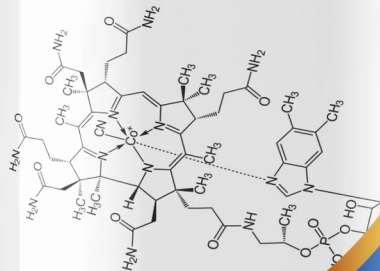
Notice: Store in a cool, dry place.

nutricost

Vitamin B12

Methylcobalamin

2,000mcg | **240** | **240**
per serving | capsules | servings



240 Capsules | Dietary Supplement

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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400755

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 240

Amount Per Serving		% DV
Vitamin B12 (as Methylcobalamin)	2,000mcg	83,330%

Other Ingredients: Rice flour, Vegetable capsule (hydroxypropyl methylcellulose (HPMC), carrageenan, purified water, pectin).

