

Health Concerns®

CHINESE TRADITIONAL FORMULAS™



ASTRA® DIET TEA

Herbal Supplement

COMBINING MODERN RESEARCH AND ANCIENT WISDOM®

Directions: Add 1 teabag of Astra Diet Tea to 8 oz of boiling water and brew for about three minutes.

Astra Diet Tea should be taken after each meal as a delicious dessert substitute to harmonize your digestive energy. Also, turn coffee and candy breaks into Astra Diet Tea breaks. It may be combined with Astra 18 Diet and other Health Concerns products.

Notice: This product is not intended for use by pregnant women.

Supplement Facts

Serving Size 1 tea bag (2 g) (makes 8 fl oz prepared)

Servings per container 16

	Amount per Serving	% Daily Value*
Calories	2	
Proprietary Blend	2 g	
Peppermint leaf		†
Eleuthero root		†
Ginger root		†
Loquat leaf		†
Perilla leaf		†
Lophatherum leaf		†

* Percent Daily Values are based on 2,000 calorie diet.

† Daily Value not established.



Exclusively formulated
and Distributed by:
Health Concerns
8001 Capwell Drive
Oakland, CA 94621

Made in the U.S.A.

16 Tea Bags