

designs for health®



Melatonin

3 mg

Dietary Supplement
For Professional Use Only

60 Tablets

Supplement Facts

Serving Size 1 tablet

Amount Per Serving		% Daily Value
Vitamin B-6 (as Pyridoxine HCL)	10 mg	500%
Melatonin	3 mg	*

*Daily Value not established.

Other Ingredients: Cellulose, modified cellulose gum, stearates (vegetable source), dicalcium phosphate, silica.

Recommended Use: As a dietary supplement, adults take one tablet twenty minutes before bedtime per day, or as directed by your health care practitioner.

Warning: If pregnant or using a prescription drug, consult your health care practitioner. Do not take this product if you suffer from an autoimmune disease, depression, diabetes, or any endocrine disorders. Do not use this product while operating a motorized vehicle or heavy machinery.

Notice: Color, size or shape may appear different between lots.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

Report any adverse reactions to
860.623.6314

Does not contain gluten.

MEL060-1



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Formulated and distributed by:

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