

designs for health®



Lithium Synergy

Dietary Supplement
For Professional Use Only

120 Vegetarian Capsules

Report any adverse reactions to
860.623.6314

Notice: Color, size or shape may appear
different between lots.

Does not contain gluten.

LSC120



Supplement Facts

Serving Size 1 capsule

Amount Per Serving		% Daily Value
Vitamin B-12 (as Methylcobalamin)	250 mcg	4167%
Trimethylglycine (TMG)	200 mg	*
Lithium (as Lithium Orotate)	5 mg	*

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose,
vegetable stearate.



Formulated and distributed by:

Designs for Health, Inc.
980 South Street, Suffield, CT 06078

www.designsforhealth.com

Manufactured in an NSF GMP Registered Facility

Recommended Use: As a dietary supplement, take
one capsule per day, or as directed by your health care
practitioner.

Cautions: This product should not be used to replace
any antidepressant medication, including prescription
forms of lithium, unless under the direction of a
qualified health care practitioner. Lithium Synergy
should not be used by individuals with significant
renal or cardiovascular diseases, severe debilitation,
dehydration or sodium depletion, or by individuals
who are taking diuretics or ACE inhibitors. Consult
your doctor before use if you are taking antihyperten-
sive drugs, antiinflammatory drugs, analgesic drugs
or insulin. Lithium should not be used by pregnant
women and breast-feeding mothers. Serum lithium
levels should be monitored by a qualified health care
provider during use.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.