GNC NATURAL BRAND™ SOY PROTEIN

GNC Natural Brand™ Soy Protein is a delicious way to incorporate the healthful benefits of soy into your diet. This superior soy protein features Solae® brand non-GMO (non-genetically modified organisms) isolated soy protein. Solae protein is made from soybeans that are produced while being closely monitored and controlled from planting through processing.

Soy's nutritional composition offers many health benefits. It includes isoflavones that may provide support in maintaining bone density and a healthy cardiovascular system. These isoflavones also act as mild estrogens. In addition to these isoflavones, soy supplies phytic acid, which may provide antioxidant support. Each serving combines these important, naturally occurring isoflavones with 13 grams of soy protein. The FDA has determined that diets low in saturated fat and cholesterol, including 25 grams of soy protein a day, may reduce the risk of heart disease.

GNC Natural Brand Sov Protein features an exceptionally high-quality soy protein that is processed with water, rather than harsh alcohol. By using water, the integrity of soy's naturally occurring isoflavones are preserved.



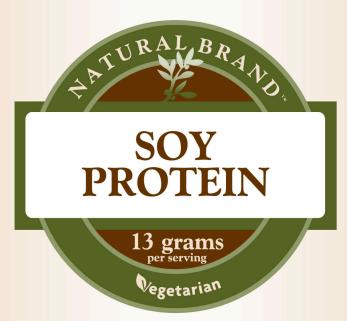
Solae® is a trademark of Solae, LLC for its brand of soy protein products. It is used under license by Géneral Nutrition Corporation.

> For more information: 1-888-462-2548

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Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 Made in the USA

GNC



NATURAL VANILLA FLAVOR

non-GMO Isolated Soy Protein

NET WT 16 OZ (454 G)

Directions: Mix one scoop (32 g) with one cup (8 fl. oz.) of water, juice or your favorite beverage. For added flavor and variety, blend in your favorite fruit with 1/2 cup of crushed ice.

Nutrition Facts

Serving Size One Scoop (32 g)

Calories		120	
Calories from Fat		5	
Calorico Irolli i at			% Daily Value†
Total Fat 0.5g			1%
Saturated Fat Og			0%
Trans Fat 0g			
Cholesterol Omg			0%
Sodium 190mg			8%
Total Carbohydrate 16	6g		5%
Dietary Fiber Og			0%
Sugars 10g			
Protein 13g			
Vitamin A			0%
Vitamin C			0%
Calcium			0%
Iron			10%
† Percent Daily Values a	are based on a 2000 calorie di	et.	
Your Daily Values may b	e higher or lower depending o	n your calorie needs.	
	Calories:	2000	2500
Total Fat	Less than	65 g	80 g
Sat. Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg

Ingredients: Solae® Brand Isolated Sov Protein, Fructose, Maltodextrin, Natural Flavor, Salt.

Carbohydrates 4

CONTAINS: Soybeans.

Less than

NOTICE: Use as a food supplement only. Do not use for weight reduction. Significant product settling may occur.

No Artificial Colors No Artificial Flavors.

Sodium

Total Carbohydrate

Calories per gram:

Dietary Fiber

No Preservatives. No Wheat, No Gluten, Yeast Free.

Store in a cool, dry place.

Isoflavone Content Per Serving: Daidzein (all forms) 4.55-13.65 mg Genistein (all forms) 7.80-23.40 mg Glycitein (all forms) 0.65-01.95 mg 13.00-39.00 mg Total Isoflavones

2400 mg

300 a

25 a

2400 mg

375 a

30 g

Protein 4