

GNC NATURAL BRAND™ SOY PROTEIN

GNC

GNC Natural Brand™ Soy Protein is a delicious way to incorporate the healthful benefits of soy into your diet. This superior soy protein features Solae® brand non-GMO (non-genetically modified organisms) isolated soy protein. Solae protein is made from soybeans that are produced while being closely monitored and controlled from planting through processing.

Soy's nutritional composition offers many health benefits. It includes isoflavones that may provide support in maintaining bone density and a healthy cardiovascular system. These isoflavones also act as mild estrogens. In addition to these isoflavones, soy supplies phytic acid, which may provide antioxidant support. Each serving combines these important, naturally occurring isoflavones with 13 grams of soy protein. The FDA has determined that diets low in saturated fat and cholesterol, including 25 grams of soy protein a day, may reduce the risk of heart disease.

GNC Natural Brand Soy Protein features an exceptionally high-quality soy protein that is processed with water, rather than harsh alcohol. By using water, the integrity of soy's naturally occurring isoflavones are preserved.



Solae® is a trademark of Solae, LLC for its brand of soy protein products. It is used under license by General Nutrition Corporation.



NATURAL VANILLA FLAVOR

non-GMO Isolated Soy Protein

NET WT 16 OZ (454 G)

For more information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222
Made in the USA

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CODE 350964

Directions: Mix one scoop (32 g) with one cup (8 fl. oz.) of water, juice or your favorite beverage. For added flavor and variety, blend in your favorite fruit with 1/2 cup of crushed ice.

Nutrition Facts

Serving Size One Scoop (32 g)

Servings Per Container 14

Amount Per Serving		
Calories	120	
Calories from Fat	5	
		% Daily Value†
Total Fat 0.5g		1%
Saturated Fat 0g		0%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 190mg		8%
Total Carbohydrate 16g		5%
Dietary Fiber 0g		0%
Sugars 10g		
Protein 13g		
Vitamin A		0%
Vitamin C		0%
Calcium		0%
Iron		10%

† Percent Daily Values are based on a 2000 calorie diet.

Your Daily Values may be higher or lower depending on your calorie needs.

	Calories:	2000	2500
Total Fat	Less than	65 g	80 g
Sat. Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Calories per gram:			
Fat 9	•	Carbohydrates 4	• Protein 4

Ingredients: Solae® Brand Isolated Soy Protein, Fructose, Maltodextrin, Natural Flavor, Salt.

CONTAINS: Soybeans.

NOTICE: Use as a food supplement only. Do not use for weight reduction.

Significant product settling may occur.

No Artificial Colors,
No Artificial Flavors,
No Preservatives,
No Wheat, No Gluten,
Yeast Free.

Isoflavone Content Per Serving:	
Daidzein (all forms)	4.55-13.65 mg
Genistein (all forms)	7.80-23.40 mg
Glycitein (all forms)	0.65-01.95 mg
Total Isoflavones	13.00-39.00 mg

Store in a cool, dry place.