

A DIETARY SUPPLEMENT

FLAX SEED OIL is an excellent source of Omega 3 and Omega 6 fatty acids. Only fresh, organic sources of flax seed oil are contained in this light-protected formula. This product is free of corn, soy, yeast, wheat, egg and other common allergens.

This product has not been evaluated by the FDA. This product is not intended to diagnose, cure, treat or prevent any disease.



Manufactured Exclusively For:
ECOLOGICAL FORMULAS
CONCORD, CA 94518
9080206 EXP 0312

ECOLOGICAL FORMULAS

FLAX SEED OIL

1000 mg

Dietary Supplement

90 SOFTGEL CAPSULES

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 90

	Amount Per Serving	%Daily* Value
Calories	10	
Calories From Fat	10	
Total Fat	1g	2%
Polyunsaturated Fat	0.5g	**
Organic High Lignan Flaxseed Oil	1,000 mg	**
(which typically contains)		
Alpha-Linolenic Acid	500 mg	**
Linoleic Acid	110 mg	**
Oleic Acid	110 mg	**
Palmitic Acid, Stearic Acid	50 mg	**

*Percent Daily Values are Based on a 2,000 Calorie Diet.

**Daily Value Not Established

Other Ingredients: Gelatin, Glycerin, Caramel color.

D I R E C T I O N S

Take one to three softgel capsules daily, or as directed by a physician.

FLAX SEED OIL
90 softgel capsules