## GNC NATURAL BRAND SOY PROTEIN

GNC Natural Brand™ Soy Protein is a delicious way to incorporate the healthful benefits of soy into your diet. This superior soy protein features Solae® brand non-GMO (non-genetically modified organisms) isolated soy protein. Solae protein is made from soybeans that are produced while being closely monitored and controlled from planting through processing.

Soy's nutritional composition offers many health benefits. It includes isoflavones that may provide support in maintaining bone density and a healthy cardiovascular system. These isoflavones also act as mild estrogens. In addition to these isoflavones, soy supplies phytic acid, which may provide antioxidant support. Each serving combines these important, naturally occurring isoflavones with 13 grams of soy protein. The FDA has determined that diets low in saturated fat and cholesterol, including 25 grams of soy protein a day, may reduce the risk of heart disease.

GNC Natural Brand Soy Protein features an exceptionally high-quality soy protein that is processed with water, rather than harsh alcohol. By using water, the integrity of soy's naturally occurring isoflavones are preserved.



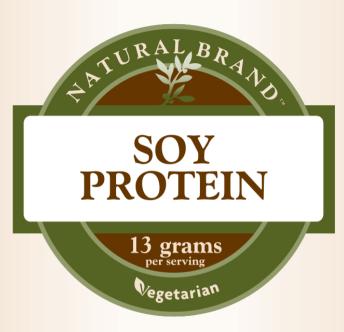
Solae® is a trademark of Solae, LLC for its brand of soy protein products. It is used under license by General Nutrition Corporation.

> For more information: 1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 Made in the USA

## GNC



UNFLAVORED/UNSWEETENED

non-GMO Isolated Soy Protein

NET WT 16 OZ (454 G)

CODE 350966

**Directions:** Mix one scoop (15 g) with one cup (8 fl. oz.) of water, juice or your favorite beverage. For added flavor and variety, blend in your favorite fruit with 1/2 cup of crushed ice.

## Nutrition Facts

| Amount Per Serving         |                            |         |               |
|----------------------------|----------------------------|---------|---------------|
| Calories                   |                            | 60      |               |
| Calories from Fat          |                            | 5       |               |
|                            |                            |         | % Daily Value |
| Total Fat 0.5g             |                            |         | 1%            |
| Saturated Fat 0g           |                            |         | 0%            |
| Trans Fat 0g               |                            |         |               |
| Cholesterol Omg            |                            |         | 0%            |
| Sodium 140mg               |                            |         | 6%            |
| Total Carbohydrate Og      |                            |         | 0%            |
| Dietary Fiber 0g           |                            |         | 0%            |
| Sugars 0g<br>Protein 13g   |                            |         |               |
|                            |                            |         |               |
| Vitamin A<br>Vitamin C     |                            |         | 0%            |
| Calcium                    |                            |         | 0%            |
| Iron                       |                            |         | 10%           |
| † Percent Daily Values are | nased on a 2000 calorie di | et      | 107           |
| Your Daily Values may be h |                            |         |               |
|                            | Calories:                  | 2000    | 2500          |
| Total Fat                  | Less than                  | 65 g    | 80 g          |
| Sat. Fat                   | Less than                  | 20 g    | 25 g          |
| Cholesterol                | Less than                  | 300 mg  | 300 mg        |
| Sodium                     | Less than                  | 2400 mg | 2400 mg       |
| Total Carbohydrate         |                            | 300 g   | 375 0         |
|                            |                            |         |               |

Carbohydrates 4 Ingredients: Solae® Brand Isolated Soy Protein.

Calories per gram:

CONTAINS: Sovbeans. NOTICE: Use as a food supplement only. Do not use for weight reduction.

Significant product settling may occur.

No Artificial Colors, No Artificial Flavors, No Preservatives, No Wheat, No Gluten, Yeast Free.

Total Isoflavones

Store in a cool, dry place.

| Isoflavone Content Per Serving: |               |  |
|---------------------------------|---------------|--|
| Daidzein (all forms)            | 4.55-13.65 mg |  |
| Genistein (all forms)           | 7.80-23.40 mg |  |
| Glycitain (all forms)           | 0.65-01.05 mg |  |

Protein 4

13.00-39.00 mg

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