

**Nutritional Support for Natural Energy
Production and Overall Well-Being.***

Free from artificial colors and preservatives.

DIRECTIONS: As a dietary supplement, one tablet daily.
KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Made with Vitashine™

Manufactured with LOVE ♥ for **NATURE'S PLUS**
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PRODUCT NO. 30871



LBL 1138552



Vegetarian



Great Taste

NaturesPlus®

EXOTIC RED SUPER FRUITS

ADULT'S Multi-Vitamin CHEWABLE

Dietary Supplement

ORAC VALUE
500

**Exotic
RED BERRY
Flavor**

60 Tablets



Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	%DV
Calories	10
Total Carbohydrate	2 g <1%**
Sugars	2 g †
Vitamin A (as beta carotene)	5000 IU 100%
Vitamin C (as ascorbic acid)	150 mg 250%
Vitamin D3 (as cholecalciferol from lichen)	400 IU 100%
Vitamin E (as d-alpha tocopheryl acetate)	100 IU 333%
Thiamin (vitamin B1) (as thiamine HCl)	15 mg 1000%
Riboflavin (vitamin B2)	15 mg 882%
Niacin (as niacinamide)	25 mg 125%
Vitamin B6 (as pyridoxine HCl)	15 mg 750%
Folate (as calcium-L-5-methyltetrahydrofolate)	100 mcg 25%
Vitamin B12 (as methylcobalamin)	15 mcg 250%
Biotin	20 mcg 7%
Pantothenic Acid (as calcium pantothenate)	20 mg 200%
Calcium (as gluconate)	10 mg 1%
Iron (as gluconate)	5 mg 28%
Iodine (as potassium iodide)	100 mcg 67%
Magnesium (as gluconate)	1 mg <1%
Zinc (as gluconate)	0.325 mg 2%
Copper (as gluconate)	0.05 mg 3%
Manganese (as gluconate)	0.017 mg 1%

Red Whole Food Blend†: Beet, fructooligosaccharides, pomegranate, goji, noni, mangosteen, açai (cabbage palm), cranberry, red raspberry, red grape, tomato, strawberry, black currant, red bell pepper, bilberry, blueberry, elderberry, nopal cactus, carrot, green tea leaf, turmeric root and rhizome, fenugreek seed, apple, apricot, orange, peach, plum, pear, guava, pineapple, watermelon, mango, pea, black raspberry, cellulase, pectinase, xylanase and hemicellulase	50 mg	†
Lecithin (from soy)	25 mg	†
Choline (as bitartrate)	5 mg	†
Hesperidin Complex (from <i>Citrus aurantium</i>)	5 mg	†
Betaine HCl	5 mg	†
Rutin (from <i>Sophora japonica</i> leaf)	2.5 mg	†
Bioflavonoid Complex (from whole <i>Citrus limon/sinensis</i>)	2.5 mg	†
PABA (para-aminobenzoic acid)	2.5 mg	†
Inositol	2.5 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established. ‡For more details, visit www.naturesplus.com

Other ingredients: Sucrose, vegetable cellulose, silica, natural flavors (cherry, raspberry), magnesium stearate, calcium carbonate, citric acid, ferrous fumarate, beet juice, zinc oxide, magnesium oxide, rice bran and rose hips (*Rosa canina* fruit).