

**HIGH STRENGTH**

# Lutein 10mg

Popular carotenoid found within the eye

**180 Capsules****Product Information**

Lutein is a naturally occurring fat-soluble pigment found in a small number of plants. This carotenoid is absorbed by the body and transported in the blood to the eye, especially the retina, where it is concentrated in the macular, the most visually sensitive and active part of the retina. Therefore, experts believe consuming Lutein may help maintain healthy eyes.

**Ingredients - Each Capsule Contains:**

Lutein 10mg, Maltodextrin, Magnesium Stearate, Gelatin, Titanium Dioxide.

**Suggested Daily Intake**

Take one to two capsules daily as a food supplement or as directed by a healthcare professional.

**Important Information**

If you are taking any prescription medication, you have a medical condition or you have specific concerns about the suitability of our products, always consult your GP or Pharmacist prior to taking supplements. Do not exceed stated dose. Store in a cool dry place. Keep away from children at all times. Do not use if seal is broken. Pregnant or lactating women should consult a Doctor before using this product. Allergy Advice: Contains an ingredient derived from Beef. Food supplement: This product should not be used as a substitute for a varied diet.

**EasyGest**  
CAPSULES

- ✓ Easy to Swallow
- ✓ Easy to Absorb
- ✓ Easy to Digest
- ✓ No Product Odour
- ✓ No Bad Taste

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